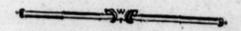


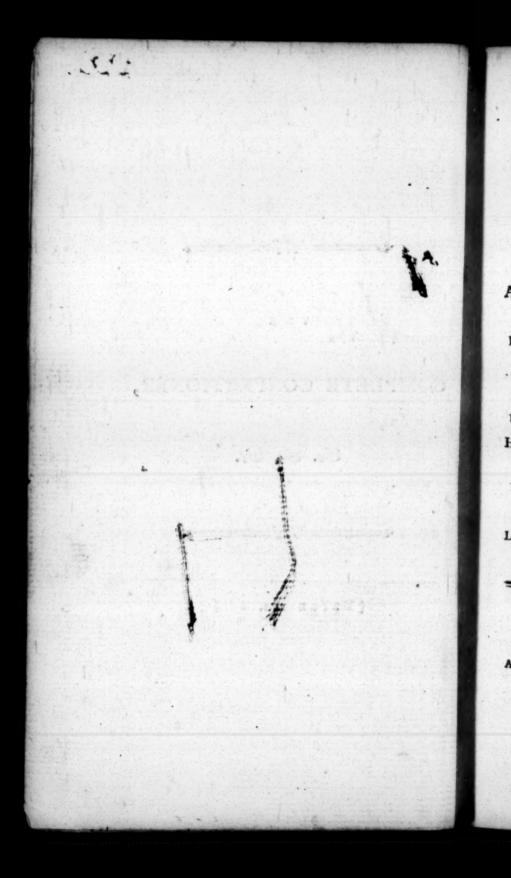
THE

## COMPLETE CONFECTIONER,

&c. &c. &c.



[PRICE 108. 6d.]



THE K.

### COMPLETE CONFECTIONER;

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#### CONFECTIONARY:

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A Ready Affistant to all Genteel FAMILIES;

PERFECT KNOWLEDGE OF CONFECTIONARY:

WITH

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NEATLY ENGRAVED ON TEN COPPER - PLATES,

How to decorate a TABLE with TASTE and ELEGANCE,

Without the Expence or Affistance of a Confectioner.

BY A PERSON,

Late an Apprentice to the well-known Meffrs. Necra and Witten, of Berkley-Square.

#### LONDON:

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\*Since the first Proposals were printed, the Author has feen a Book entitled The Confectioner's and House-keeper's Affistant, written by a Mrs. Glass, which has obliged him to change the Title of his Book, lest the Public should consider it the same, or some such spurious Production.

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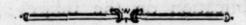
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### PREFACE.



WHILE the paths of literature, under the fostering guidance of assiduity and emulation, daily acquire new ornament and additional improvement, it is rather with surprise we perceive those occupations undisplayed that conduce to our immediate interest. Whilst we consider the manifest advantage that would

would undoubtedly accrue to numbers by unfolding a knowledge of Confectionary, it appears rather extraordinary that the contracted ideas of felf-interest have as yet so uniformly taken place as to prohibit a publication on the fubject: the vast expence attending the instructions given by those even poorly qualified, has in a great measure kept it concealed from the observation of many, whose prospects in life might turn upon a fituation where it would infinitely ferve: those unprovided females in particular, who wish to improve, and perhaps to excel, however narrow their abilities lities, will find in the following sheets wherewith to satisfy their desires with regard to every information in the business.

The opportunities the author has had, however extensive, would not have enabled him to complete his project, did he not make use of a long series of observation, connected with the clearest care and attention; the success of his hopes and expectations, must naturally depend upon the judgment and candour of his reader. Could his wish to be of service be possibly distinguished in a selected point of view from the

work itself, it would screen from censure any mistake he might have unwarily fallen into; the latter however (as he has endeavoured) he hopes he has completely avoided; for, on the most steady reviewal, nothing appears either deficient or redundant. But as he has furrendered his exertions to a voluntary trial, he is happy in the confideration that he is to appear before a tribunal, where, if the effects of his labours prove fatisfactory, he cannot possibly fail of a reward in commendation; and, if in any manner deficient, of being treated with favourable lenity.

### CONTENTS.

### BISCUITS, &c.

- No. 1. FINE Savoy Biscuits.
  - 2. Fine Spunge Biscuits.
  - 3. Orange Heart Biscuits.
  - 4. Naples Biscuits.
    - 5. Syringe Biscuits.
    - 6. Robe de Chambre Biscuits.
  - 7. Common Savoy Biscuits.

No. 8.

No. 8. Sweetmeat Biscuits.

9. Monkey Biscuits.

10. Spice Biscuits.

11. Toad in a Hole Biscuits.

12. Millefruit Biscuits.

13. Masapan Biscuits.

14. Judges Bifcuits.

15. Queen's Cakes.

16. Yarmouth Bifcuits.

17. King's Biscuits.

18. Chocolate Biscuits.

19. Italian Water Bifcuits.

20. Water Cakes with Carraway Seeds.

21. French Rusks.

22. Fine Sweetmeat Gingerbread Nuts.

23. Turtulongs, fine, for Breakfast.

24. Fine Shrewsbury Cakes.

25. Lemon Biscuits.

26. The Way to Blanch Almonds.

27. French Maccaroons.

28. English Maccaroons, commonly called Common.

No. 29.

No. 29. Ratifie Bifcuits.

s.

.2

30. Orange Bifcuits.

31. Filbert Biscuits.

32. Pistachio Nut Biscuits.

33. Orange Flower Biscuits.

34. Fine Almond Fagots.

35. Fine Ginger Cakes.

36. Fresh Apricot Biscuits.

37. Fresh Barberry Biscuits.

38. Fresh Damson Biscuits, or Refined Cheese.

39. A Small Fine Almond Cake.

40. A Large Rich Two Guinea Cake.

41. A Small Rich Seed Cake.

42. A Small Rich Plumb Cake.

### WAFERS.

43. LEMON Wafers.

44. Barberry Wafers.

45. Orange Wafers.

b 2

No. 46.

No. 46. Bergamot Wafers.

47. Violet Wafers.

48. Peppermint Wafers.

### DROPS.

49. BERGAMOT Drops.

50. Black Currant Drops.

51. Chocolate Drops.

52. Damson Drops.

53. Seville Orange Drops.

54. Lemon Drops.

55. Orange Drops.

56. Peppermint Drops.

57. Violet Drops.

58. Barley Sugar Drops.

### PRAWLONGS, &c.

59. LEMON Prawlengs.

60. Orange Prawlongs.

No. 61.

No

### No. 61. Piflachio Prawlongs, Red.

- 62. Burnt Filbert Prawlongs, Red.
- 63. Orange Flower Prawlongs.
- 64. Seville Orange Jumbles.
- 65. Burnt Almonds, Red.
- 66. Burnt Almonds, White.
- 67. Piftachio Prawlongs, White.
- 68. Burnt Filberts, White.
- 69. Merings in the Form of Eggs.
- 70. Almond Pafte.
- 71. Orgeat Pafte.
- 72. Orgeat Syrup.
- 73. Lemon Syrup.
- 74. Orange Syrup.
- 75. Seville Orange Syrup.
- 76. Pine Apple Syrup.
- 77. Capillaire Syrup.

### JELLIES, &c.

# No. 78. CURRANT Jelly, Red and White.

79. Rasberry Jelly, for Ices.

80. Apple Jelly, to put over your Fruit, or what you like.

81. Hartshorn Jelly.

82. Calvesfoot Jelly.

83. Black Currant Felly.

84. To make Blomonge.

85. Goofberry Felly.

### JAMS, &c.

86. RASBERRY Jam.

87. Apricot Jam.

88. Strawberry Jam.

89. Barberry Jam.

90. Peach Jam.

No. 91. Black Plumb Jam.

92. Rasberry Cakes.

93. Seville Orange Paste Cakes.

94. Millefruit Rock Candy.

95. Rock Sugar of all Colours.

96. Barley Sugar.

ind

it,

1.

97. The Way to make all Sorts of Carraway Comfits.

98. Cardamom Comfits.

99. Carimel Crocont.

100. Whip, for a Trifle.

101. Everlasting Whipsyllabub to put into Glasses.

102. Floating Island.

103. Iceing for a Rich Cake.

104. To Clarify Sugar for Sweet-

### ESSENCE for ICES.

No. 105. CEDRATY Essence.
106. Lemon Essence.
107. Orange Essence.

### WATERS, &c. for ROUTS.

108. LEMONADE.

109. Orangeade.

110. Currant Water made of Jelly.

111. Fresh Currant Water.

112. Cedraty Water.

113. Rasberry Water, of Rasberry Jam.

114. Fresh Rasberry Water.

115. Bergamot Water.

116. Apricot Water.

No. 117.

### CONTENTS. xvii

No. 117. Strawberry Water, of Strawberry Jam.

118. Fresh Strawberry Water.

119. Barberry Water.

120. Peach Water.

121. Pear Water.

122. Cherry Water.

123. Orgeat.

### ICE CREAMS.

124. BARBERRY Ice Cream.

125. Rasberry Ice Cream.

126. Strawberry Ice Cream.

127. Apricot Ice Cream.

128. Pine Apple Ice Cream.

129. Currant Ice Cream.

130. Piftachio Ice Cream.

131. Biscuit Ice Cream.

132. Plain Ice Cream.

No. 133.

#### rviii CONTENTS.

No. 133. Brown Bread Ice Cream.

134. Royal Ice Cream.

135. Ginger Ice Cream.

136. Fresb Strawberry Ice Cream.

137. Fresh Rasberry Ice Cream.

138. Fresh Apricot Ice Cream.

139. Coffee Ice Cream.

140. Chocolate Ice Cream.

141. Seville Orange Ice Cream.

142. Lemon Ice Cream.

149. China Orange Ice Cream.

144. Burnt Filbert Ice Cream.

145. Burnt Ice Cream.

146. Millefruit Ice Cream.

147. Fresh Currant Ice Cream.

148. Cedraty Ice Cream.

149. Burnt Almond Ice Cream.

1 50. Parmafan Cheefe Ice Cream.

151. Damson Ice Cream.

152. Prunello Ice Cream.

153. Peach Ice Cream.

No. 154.

### CONTENTS. xix

No. 154. Black Currant Ice Cream. 155. Cherry Ice Cream.

### WATER ICES,

Of all Sorts.

156. BARBERRY Water Ice:

157. Rafberry Water Ice.

158. Strawberry Water Ice.

159. Apricot Water Ice.

160. Pine Apple Water Ice.

161. Chocolate Water Ice.

162. Seville Orange Water Ice.

163. China Orange Water Ice.

164. Lemon Water Ice.

165. Punch Water Ice.

166. Peach Water Ice.

167. Currant Water Ice.

168. Fresh Currant Water Ice.

169. Fresh Rasberry Water Ice.

No. 170.

#### XX CONTENTS.

No. 170. Damson Water Ice.

171. Prunello Water Ice.

172. Black Currant Water Ice.

173. Grape Water Ice.

174. Cherry Water Ice.

175. Pear Water Ice.

176. Millefruit Water Ice.

177. Bergamot Water Ice.

178. Cedraty Water Ice.

179. Fresh . Strawberry Water Ice.

### FRUITS PRESERVED

#### IN

### BRANDY.

180. APRICOTS, in Brandy.

181. Peaches, in Brandy.

182. Morella Cherries, in Brandy.

183. Mogul Plumbs, in Brandy.

No. 184.

No. 184. Green Gages, in Brandy. 185. Green Orange Plumbs, in Brandy.

186. Grapes in Brandy.

## PRESERVED SWEETMEATS, WET.

187. GREEN Apricots, Wet.

188. Apricots Ripe, Wet.

189. Preserved Pine Apple Chips, Wet.

190. Angelica, Wet.

191. Barberries in Sprigs, Wet.

192. Rasberries Whole, Wet.

193. Currants in Bunches, Whole, Wet.

194. Cedraties Whole, Wet.

No. 195.

#### xxii CONTENTS.

No. 195. Cherries Sweet, in Syrup.

196. Cherries not Sweet, Wet, or Dry.

197. Cucumbers or Gerkins, Wet.

198. Comport Golden Pippins, Wet.

199. Comport French Pears, White, Wet.

200. Comport French Pears, Red, Wet.

201. Damsons Whole, Wet.

202. Grapes in Bunches, Wet.

203. Goosberries in the Form of Hops, Wet.

204. Green Goosberries, Wet.

205. Lemons, Whole, Wet.

206. Seville Oranges Whole, Wet.

207. Orange Peels, Wet.

208. Orange Chips, Wet.

209. Lemon Chips, Wet.

210. Lemon Peels, Wet.

211. Pears, Wet.

212. Green Orange Plumbs, Wet.

213. Mogul Plumbs, Wet.

No. 214.

### CONTENTS. xxiii

No. 214. Pine Apples Whole, Wet.

215. A Small Yellow Plumb, Wet.

216. Strawberries Whole, Wet.

217. Apricot Chips, Wet.

218. Green Gages, Wet.

### DRIED FRUITS.

219. DAMSONS, Dried.

220. Mogul Plumbs, Dried,

221. Green Orange Plumbs, Dried.

222. Green Gages, Dried.

223. Pears Candied, or Dried.

224. Cherries, Sweet, Dried.

225. Cherries, not Sweet, Dried.

226. Apricot Chips, Dried.

227. Orange or Lemon Chips, Candied or Dried.

228. Angelica Knots, Dried.

229. Barberries in Bunches, Dried.

230. Lemon Peels, Candied or Dried.

No. 231.

### xxiv CONTENTS.

No. 231. Cucumbers, Dried.

232. Green Apricots, Dried.

233. Apricots full Grown, Dried.

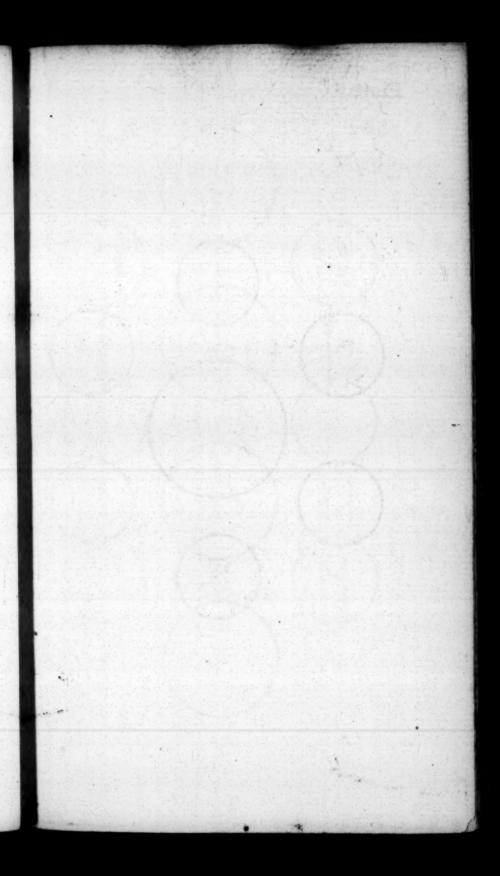
234. Grapes in Bunches, Dried.

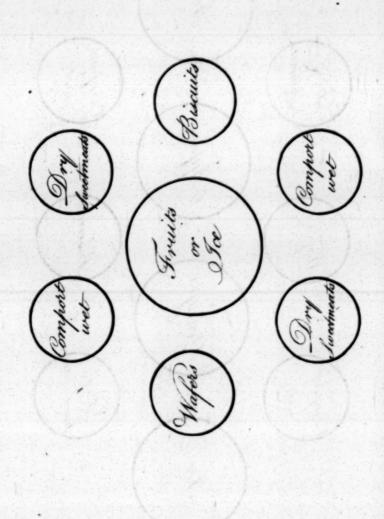
235. Pine Apple Chips, Dried.

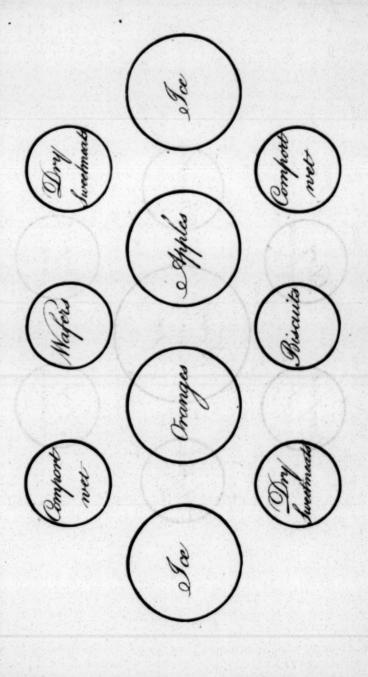
236. Cedraties, Whole or in Quarters, Dried.

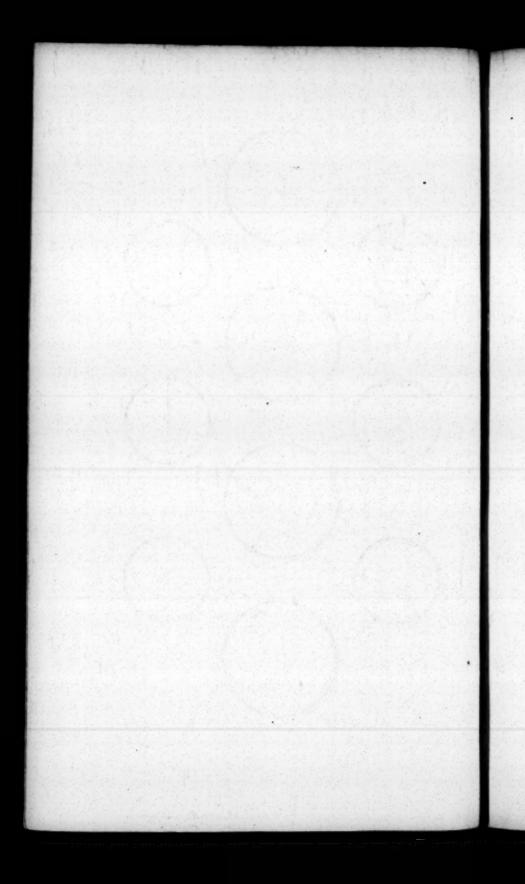
237. Pafte Knots, Red, or White.

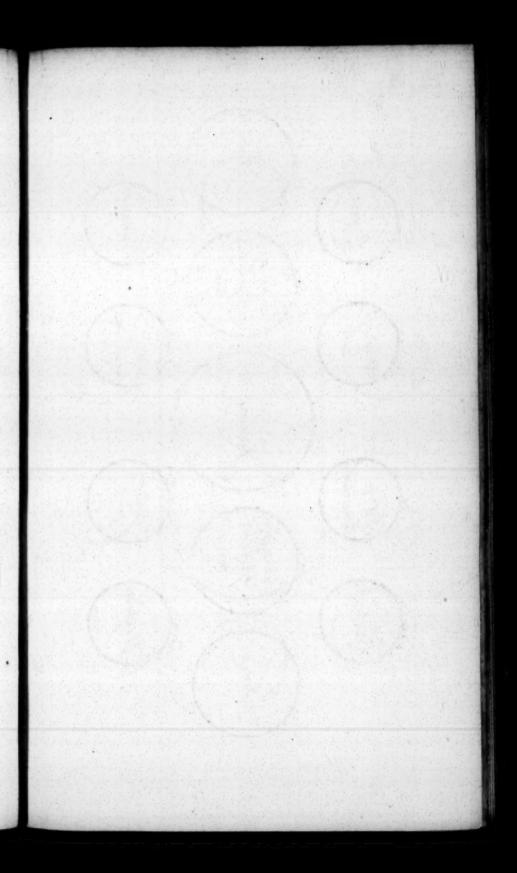


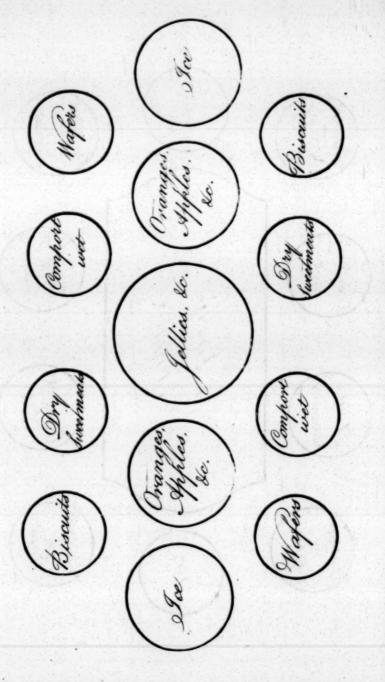


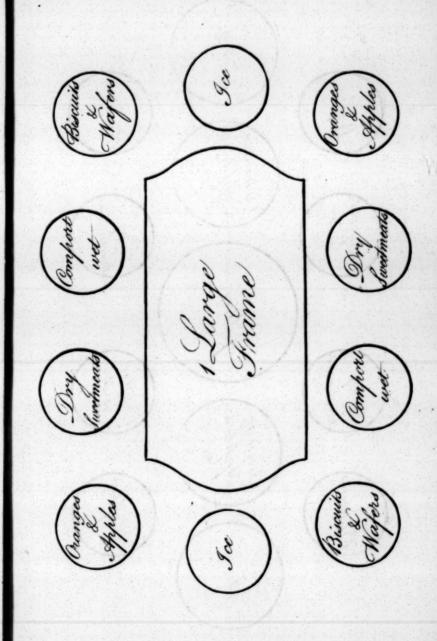


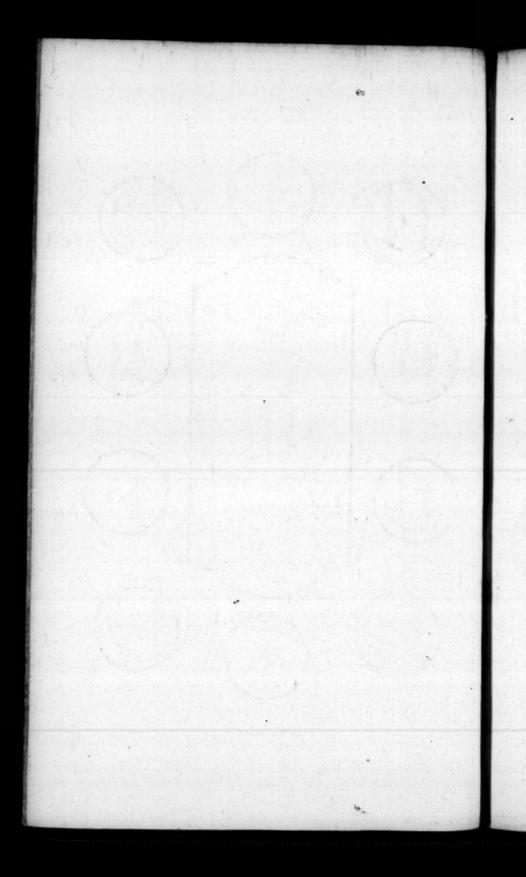


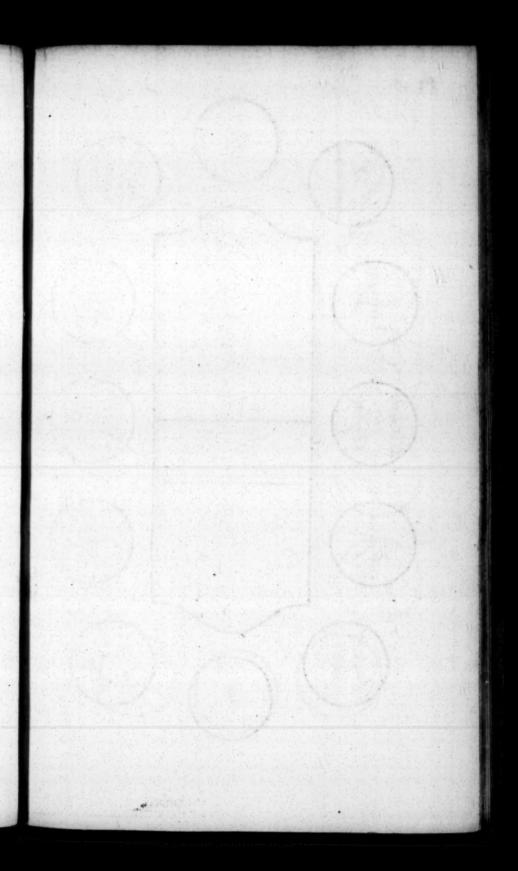


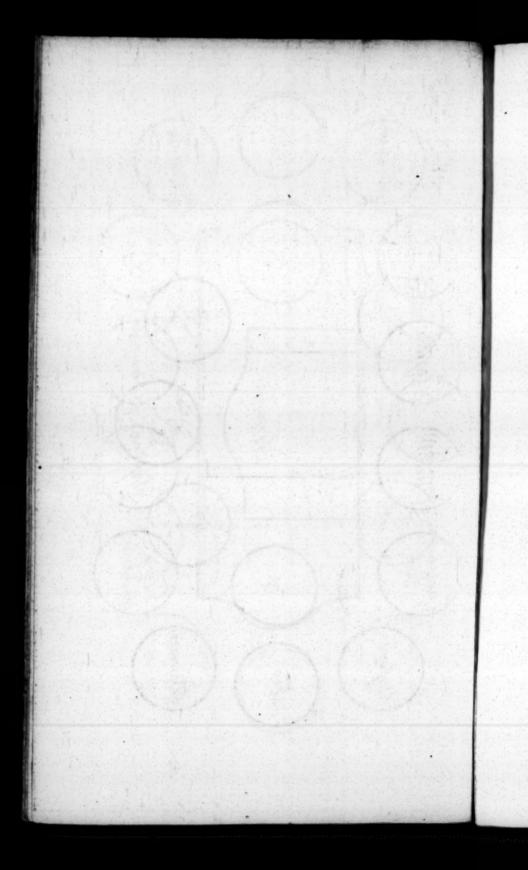


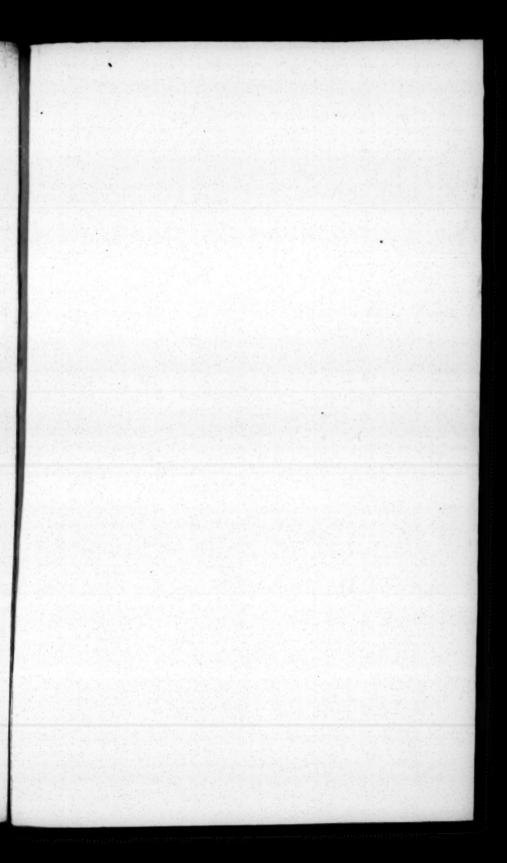




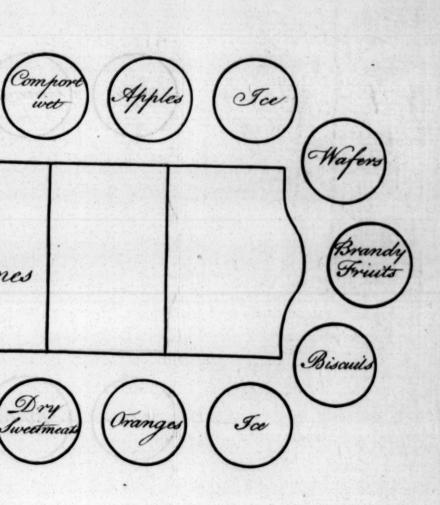




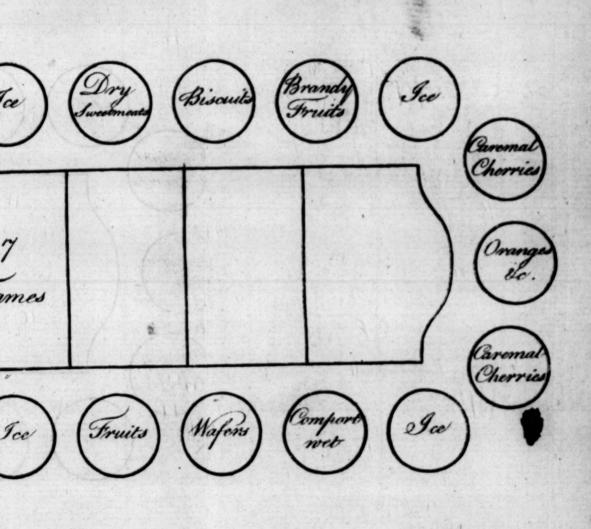




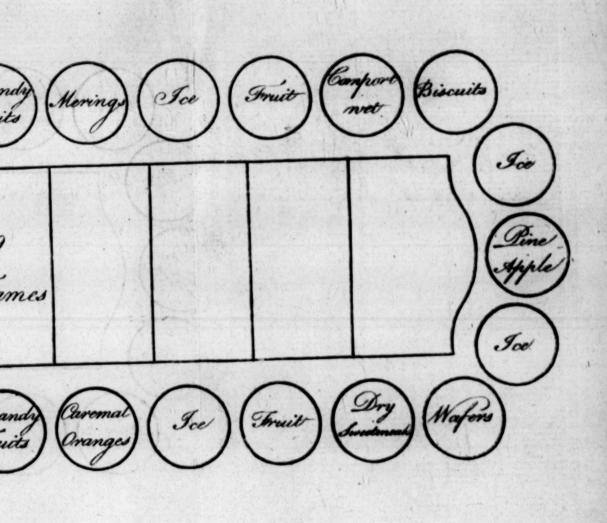
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#### THE

# Complete Confectioner.

No. 1. Fine Savoy Biscuits.

BREAK twelve eggs and put the yolks in a bason, then put in twelve ounces of powdered sugar with the yolks, then rasp the rind of sour lemons, and mix and stir the rind up with the yolks and sugar, and beat them with a wooden spoon ten minutes, then whisk the whites in a copper pan, but do not leave whisking them till they are almost strong enough to bear an egg, or they will go to water and be spoiled, and when you

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think you have whisked them enough, then mix the yolks with them, with a wooden spoon as light as possible, when it is mixed well, take ten ounces of fine flour as dry as possible, and stir it up with the eggs and fugar, but not too much, only till it mixes with the eggs; then take a fmall tea-spoon and take out a spoonful of the batter and pull it along the paper, and as you pull the spoon along the paper push the batter down with your finger, so as to make the bifcuit about three inches long, and about half an inch wide; then fift fome fugar over them before you put them in the oven, which must be very hot, but be careful that they are not burnt, for they foon fcorch if you do not watch them; and when they are done, cut them off the paper whilft they are hot.

No. 2. Fine Spunge Biscuits.

TAKE three quarters of a pound of powdered fugar, and put it in a bason, and take twelve eggs and break the whites into a copper pan, and put the yolks in with fugar, and beat the fugar and yolks together with a woodenspoon, till you see the sugar and yolks blow up in bladders of wind; then whisk the whites well till they are almost fit to bear an egg on them; then mix the yolks and the fugar with the whites, with a large spoon very lightly, and stir them as little as possible, only till you fee the whites and yolks are just mixed; then take ten ounces of fine flour and mix well with the eggs; then butter the tin moulds well, before you put the batter in them, otherwise you will not get them out when they are baked, and when you have filled the tins, fift a little powdered sugar on the top of them, before you put them in the oven; it makes them a very fine ice: let your oven be moderate, and when baked take them out of the tins while they are hot, for they will come out the better when hot.

#### No. 3. Orange Heart Biscuits.

TAKE three quarters of a pound of powdered sugar, and put in a pewter bafon, and put in thirty yolks of eggs with the sugar, and take seven preserved orange peels and pound them in a mortar very sine, quite to a paste, then take a handful of sweet and half a handful of bitter almonds, and pound them very sine, and mix them with a little orange slower water; then put sour eggs, yolks and whites together, and put them in the bason with the sugar, eggs, and peel, and mix them all well together with

with a wooden spoon in each hand, and beat them till you see the batter rise very much, though you can hardly beat them too light, beat them till it turns quite white, and puffs up in bladders; then put in half a pound of sisted flour, and mix it with the batter very lightly; then butter the hearts, fill them, and fift a little powdered sugar over the top of them, before you put them in the oven, which must be rather quick, but not too hot, otherwise they will not be light, and take them out of the tins while they are hot.

#### No. 4. Naple Biscuits.

TAKE one pound and a half of Lisbon sugar, put it into a little copper saucepan, and three quarters of a pint, of wine measure, of water, in with the sugar, and one small cup sull of orange

flower water, and boil the fugar with the water till it is all melted; then break twelve eggs, whites and yolks together, whisk them well, then pour the Lisbon fyrup boiling hot in with the eggs, and whisk them as fast you can, at the time of pouring in the fyrup, or the eggs will fpoil, and when you have poured it all in, keep whisking it till it is quite cold and fet, and when it is cold, take one pound and a half of flour, and mix it as light as possible; then put two sheets of paper on the copper plate you bake on, then take one sheet of paper, and make the edges of it stand up about an inch and a half high, and pour your batter in it, fift some powdered sugar over it, and put it in the oven, and attend it carefully, to prevent its burning, on the top; do not leave the oven one minute; when you think it is near baked enough; and when baked, take it out in the paper, and let it stand till cold, then turn it over, and wet the bottom of the paper, till the paper comes off with ease, then cut it to what size you like: you may bake it in small tins if you please.

### No. 5. Syringe Biscuits.

TAKE one pound of sweet almonds, and pound them im a marble mortar very fine with whites of eggs, but be careful not to make them too wet with the eggs, only just wet enough to prevent the almonds from getting oily, and when you find they get rather dry, then put another white of an egg in them, and pound them so fine, till you can scarce feel the least lump of an almond in it; then rasp the rind of six lemons very fine, and put in two pounds and a half of powdered sugar, and mix the sugar, almonds, and the peel altogether as a

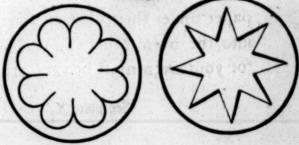
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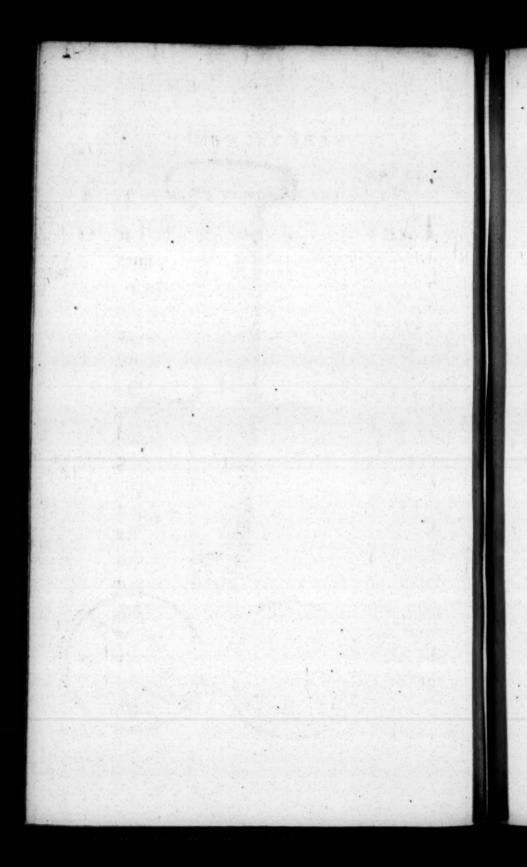
paste; then take a syringe mould made of copper, about twelve inches long, and about two inches wide, made round, and to screw off at the bottom, with a little round copper plate, the fize of the infide of the fyringe with a little hole cut in the middle of it, in the shape of a star, and the mould must have two handles about the middle of it; \* then roll your paste to half fill your mould; then take a rammer of wood the thickness of the mould, put it over the paste and squeeze it out against your breast upon the dresfer, which must be floured a little, so as not to flick, and it will come out at the bottom of the mould, then cut it in pieces about three inches long, and join them in rings, and put three sheets of paper under them, before you put them into the oven, otherwise they will burn, for your oven must be very brisk.

See plate X.

Plate 10







No. 6. Robe de Chambre Biscuits.

TAKE fyrup of fugar, and boil it over a brisk charcoal fire, till it comes to carimile, then have fome jordan almonds ready, and put them into the carimile fugar, flir them up with a large wooden spoon over and over, till you see they are covered with fugar and dry, then throw them into a wooden fieve, and pick them that flick together and break them off, then make fome iceing with whites of eggs and powdered fugar, and a little orange flower water, and put the almonds into the iceing, and fee them well covered with it, then put two sheets of paper on the plate, and put your biscuits at a convenient distance from each other, fo as not to touch; let the oven be moderate to colour finely the iceing, and when they come out, let them them stand till they are cold, before you take them off the papers.

No. 7. Common Savoy Biscuits.

BREAK fix eggs in a little copper fauce pan, with half a pound of powdered fugar, whisk the eggs and sugar very light, keep whisking them half an hour; then mix half a pound of fifted flour with the eggs and fugar with a wooden fpoon; then take a tea-spoon, and one spoonful of batter and pull it along the paper, and as you pull the fpoon along the paper, push the batter down with your finger, so as to make the biscuit about three inches long, and about half an inch wide; then fift fome fugar over them, before you put them in the oven, which must be very hot, but be careful that they are not burnt, for they foon fcorch if you do not watch them, and when they are done, cut them off the paper whilst they are hot, &c.

#### No. 8. Sweetmeat Biscuits.

TAKE fome Naples biscuits that have been baked, and cut them in small pieces, about an inch and a half square, and about one inch thick, and lay them on your wire, and put them in the oven just to crisp them, then make some icting with whites of eggs, and sugar and orange slower water, and dip one side of the biscuit in it; then cut some sweetmeats in small pieces, such as lemon and orange peel, and angelico, and just throw over the top of them, put them on your wire: you need no paper under them, then put them in the oven to harden the iceing, and they are done.

No. 9. Monkey Biscuits.

AKE fix eggs and break the whites and yolks separate, and mix the weight of fix eggs of powdered fugar with the yolks, and beat them well together, then put the whites in a copper pan, and whisk them well, and put a little cinamon pounded in with the yolks and fugar, then mix the yolks and fugar with the whites; then take four eggs and the weight of them of fifted flour, then mix and stir them altogether; then lay three or four sheets of paper on your plate you bake on; and take a tea spoonful of batter, and put it on the upper sheet of paper, then make them round and about the fize of a half crown piece, and join two of them together with the fpoon; and fift a little powdered fugar over them, and put them in the oven, watch them for they are not long a baking a baking, and when they come out, cut them off the paper while they are hot, and put the two under fides of them together.

#### No. 10. Spice Biscuits.

TAKE three pounds of flour; and three pounds of fweet almonds cut in half, and put them with the flour and three ounces of spice, such as cinnamon and mace pounded, and one pound of powdered sugar, and mix them altogether on your dresser, then take three pounds of Lisbon sugar, and put it in a saucepan with some water and just boil it, and then mix it with the rest of the ingredients on the dresser, and when it is all mixed to a paste, heat your oven very hot, and put three papers next your plate, then roll your paste to the size of a large rolling pin; then put it on your

paper, and flat it down with your hand about three inches wide, but higher in the middle than at the ends, then put them in the oven, and when they are baked take them out while hot, cut them with a sharp knife, about the eighth part of an inch thick, in the form of a rusk, and you will see the almonds look very well cut in them.

### No. 11. Toad in a Hole Biscuits.

TAKE one pound of sweet, and one ounce and a half of bitter almonds, and pound them in a mortar very fine with water, then one pound and a quarter of Lisbon sugar, and mix it very well with the almonds: do not make it too thin, and remember there are no eggs in this, then put one sheet of paper on your wire, and some waser paper on that, then take a spoon and make your bis-

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cuits round on the wafer paper, about the fize of a half crown piece; then put one or two dried cherries in the middle of them; and fift some powdered sugar over them, and put them in the oven, which must have a moderate heat, and when they come out, cut the wafer paper round them, but leave the paper at the bottom of them.

### No. 12. Millefruit Bifcuits.

TAKE a quarter of a pound of preferved orange peel and cut it in pieces
about half an inch long, and not quite
a quarter wide; then take fix ounces of
angelico, cut it the fame way, and a
quarter of a pound of preferved lemon
peel, and fix ounces of fweet, and one
ounce of bitter almonds, and let all these
be cut the same way as the orange peel,
and put some whites of eggs, sugar, and
orange

orange flower water in a bason, and make an iceing; then put all these into it, and paper your plate with three papers, and make them what size you chuse, then take a little brush and touch them here and there with a little cochineal colour, it will make them look well: let your oven not be too hot, only just to dry the iceing, as it will stick together well, let them be cold before you take them off, and they will be like a piece of a rock, &c.

## No. 13. Masapan Buiscuits.

TAKE one pound of fweet almonds and pound them very fine, so fine, that you can scarce feel the least lump, you may use water to them; then take one pound of powdered sugar, and put the almonds and sugar in a clean saucepan, and have a clear charcoal fire, but not fierce:

fierce; stir them together over the fire with a wooden fpoon, till the paste leaves the pan and keeps itself together, but keep flirring it all the time, and be careful that it does not burn to the pan; put it on a dreffer with a little flour under it, and work it up well with your hands till it hangs well together; then roll fmall pieces of it about three inches long and about half the thickness of your little finger, join the ends of them, and make them in round rings; put them on the back of a wooden fieve, and put them in a flove or any dry place where there is fome warmth to come to them, let them flay two or three days till they are quite hard, and when you want to bake them; take about eight whites of eggs, and put in a bason, mix some powdered sugar with them, and with a wooden spoon in each hand beat it well; put a cup full of orange B

orange flower water in it beat well; add more powdered fugar to it if there is occasion, to make it a proper thickness, and beat it about a quarter of an hour till you fee it puff up and rife; take a wire and put your biscuits in this iceing in the bason, and take them out and turn them infide down with your finger on this wire, and let the iceing run through this wire into another bason until you see your rings quite through, then lay three sheets of paper on the plate, let the oven be very flow, and put them in, only until the iceing is fet and they begin to change colour, then take them out and let them fland till they are cold before you take them off.

No. 14. Judges Biscuits.

TAKE fix eggs and break them into a copper pan, yolks and whites together,

ther, whish them well for about five minutes, mix half a pound of powdered fugar with the eggs, and whish them for ten minutes, put as many carraway feeds as you think proper, and half a pound of fifted flour, mix it well with a wooden spoon, and put three papers on your plates; then take a spoon and drop them on papers about the fize of a crown piece, fift some powdered sugar over them, let them be rather thick in the middle, and the oven rather sharp, and when they come out, cut them off the paper while hot.

#### No. 15. Queen Cakes.

TAKE one pound of the best butter, and rub it well with your hand in the preserving pan until it is as fine as cream, then take twelve eggs, yolks and whites together and whisk them well in B 2 another

another pan over a gentle fire, mind they do not burn, for they will without great care; take twelve ounces of powdered fugar, and put with the eggs, keep whisking them for three minutes, put the eggs and the fugar over the fire again and whisk them, and be careful it does not burn at bottom, when it is pretty warm take it off and whisk it till it is cold, then mix it well with your hand; take one pound of fifted flour, and twelve ounces of currants well picked and washed, mix them well with the rest, butter your tin hearts, and put them on your plate, with three or four papers under them, your oven must be quick, but if you find it too hot for the top put a sheet of paper over them to keep them from burning.

No. 16. Yarmouth Biscuits.

TAKE fix ounces of currants, wash and pick them very clean, dry them well, rub a little flour among them to make them white, and put half a pound of powdered sugar with the currants upon a clean dresser; add twelve ounces of flour sisted, and half a pound of the best fresh butter you can get; break three eggs, and mix all the ingredients together to become a paste, that you can roll it on the dresser, the thickness of an eighth part of an inch, and then cut them out either round or what shape you fancy.

N. B. Your oven must be rather hot, and put two or three sheets of paper under them, do not bake them too much, only just make them brown.

No. 17. Kings Biscuits.

TAKE half a pound of butter and work it about in a bason with a wooden spoon, then take six eggs and whisk them well; put half a pound of powdered sugar in them and whisk them about ten minutes; mix the eggs and sugar with the butter, then take six ounces of currants well washed, and put them with the eggs, and six ounces of slour and mix it well altogether, put three sheets of paper on the plate, take a tea-spoon and drop the paste on the paper about the size of a shilling, put them in a sharp oven, and cut them off while they are hot.

No. 18. Chocolate Biscuits.

TAKE a quarter of a pound of chocolate, and put it on a tin, over a stove to make it warm, then put a pound of powdered sugar in a bason, and when the chocolate is quite warm and soft, put it, in with the sugar, and mix it well with about eight whites of eggs, if you find it too thin, mix more powdered sugar with it just to bring it to a paste, so that you can roll it in lumps as big as walnuts: let your oven be moderate, put three papers under them, let the oven just raise them and make them crisp and firm, and let them be quite cold before you take them off the paper.

No. 19. Italian Water Biscuits.

TAKE fix eggs and break them, put the yolks and whites in a copper pan with the weight of the fix eggs of powdered fugar, whisk them well for half an hour: take fix more eggs and

the weight of them of fifted flours mix it with them, cut a piece of wood about the fize of the top of a large breakfast cup, but not thicker than the eighth of an inch, in the form of a round ring, with a piece projecting from it to hold by as a handle; take a table spoonful of the batter, and with a large knife fpread it to the thickness of the wood until the ring is filled up; lay your knife on the paper close to the wood, and lift the wood up, and you will fee your cake on the paper: put as many of them on the paper as you can without touching each other; let your oven be very hot, and they will be baked in five minutes, but take care they do not burn at bottom; when they are done let them stand until they are quite cold, then wet the other fide of the paper and they will come off cafily, put put them into the oven afterwards, to dry crifp.

No. 20. Water Cakes with Carraway Seeds.

TAKE three pounds of powdered fugar and four pounds of fifted flour, mix the flour and fugar together on a clean dreffer with half water and half whites of eggs, and as many carraway feeds as you think proper, mix all together fo as to make it a very fine paste, that you can roll it on the dreffer and the thinner the better, cut out the shape you like with a tin cutter; round and fcolloped is the general fashion, but vary the shape to your own fancy, roll them very thin and they will be the crifper, for if they are not crifp they are not worth eating; put them on a sheet of paper and rather a flow oven, and if you think it too hot, put as many fheets

sheets of paper as you think fit to prevent them from being burnt, bake them very little so as just to change the colour of them, and butter that sheet of paper you put them on that they may come off easily.

#### No. 21. French Rusks.

TAKE a clean copper pan and break into it as many eggs as the yolks will make the weight of a pound, use no white in this ingredient, take one pound and a half of powdered sugar and put in with the yolks of eggs, with a large wooden spoon stir them up well together about ten minutes, put in three handfuls of carraway seeds, and two pounds of slour and mix all together, roll your paste on a clean dresser in a roll about sources inches long and the thickness of a large rolling pin,

paper your plate with three sheets of paper befides the sheets your paste is on, lay the paste in a long roll on the paper, and flat it down with your hand, let it be about one inch high in the middle of the paste, and flat it down toward the edges, rather to a point, and after they are baked, wet the paper that they may come off whilft they are warm, and be careful not to bake them too much, or they will not cut without breaking, then with a sharp knife, cut them about a quarter of an inch thick, in the form of a rusk, and lay them flat on the wire, and put them into the oven so as to make them crifp and dry, and they are done.

No. 22. Fine Sweetmeat Gingerbread Nuts.

TAKE two pounds of the best treacle and put it in a large bason; then take

take half a pound of the best fresh butter, and carefully melt it, not to oil, pour the butter to the treacle, and flir it well as you pour it in; add three quarters of an ounce of the best pounded ginger, and put in with it, two ounces of preferved lemon and orange peel cut very fmall; and two ounces of preferved angelica, likewife cut very fmall; and one ounce of corriander feed pounded, and one ounce and a half of carraway feeds whole, mix them well together; then break two eggs, yolks and whites together, and mix as much flour as will bring it to a fine paste; make them the fize you choose, put them on the bare tin plate, and let your oven be rather brisk.

No. 23. Turtulongs, fine, for Breakfast.

TAKE a quarter of a pound of butter, three ounces of powdered fugar, one pound and a half of flour, fix eggs, yolks and whites together, and a very little falt, and mix them altogether on your dreffer, and have a preferving pan on the fire, with clean boiling water in it, roll your batter out about four inches long, and almost as thick as your little finger, join it in two round rings the two ends of them, and put them in this boiling water, not too many at a time, then on the other fide, have a bason with cold water, and as the bifcuits swim on the top of the boiling water, take them out, put them in the cold water, and let them lie all night; take them out next morning and put them into a fieve, and drain all the water from them; put them on your plate, without any paper under them, let your oven be very hot, and watch them, and you will fee them rife very much, the more they rife the better, fee they are not burnt, but let them be of a fine brown, and then take them out.

## No. 24. Fine Shrewsbury Cakes.

TAKE a pound of butter, and put it in a little flat pan, rub it till it is as fine as cream; then take one pound of powdered sugar, a little cinnamon and mace pounded, and four eggs, yolks and whites together: beat them with your hand till it is very light; then take one pound and a half of sisted flour, work it together, and roll it on your dresser, to what size you like, only very flat, let your oven be rather slow, and

let them change their colour, then take them out.

## No. 25: Lemon Biscuits.

TAKE one pound of sweet almonds, and pound them very fine in a mortar. and whites of eggs with them, be careful to temper them properly, to prevent the almonds from turning to oil. and pound them to a very fine paste; put in three pounds of powdered fugar. and mix it well; take ten lemons. rasp the rinds of them very fine, and mix it with the almonds and fugar; when they are all well mixed, take a knife, and a small piece of board in your hand, and try to drop off the paste on a sheet of paper, about half the fize of a nutmeg, and round, put them at a convenient distance from each other, and put them in the oven, which which if you find too hot, put three or four sheets of paper, or more at bottom, as occasion shall require under your biscuits, to prevent their scorching, when they come out of the oven, let them stand till they are quite cold, and they will come off the paper very easily.

No. 26. The Way to Blanch Almonds.

FOR all biscuits that are made with almonds, the almonds must always be blanched, and for every thing else, except it is particularly mentioned to the contrary, and the quickest way of blanching them, is this; viz. put a pan of water on the sire and let it boil, then put the almonds in for about ten minutes, drain the water from them, put them on a dresser and rub them as hard as you can with both your hands, and when you think they are almost blanch-

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ed, take a butcher's tray and put them in, and holding each end of the tray fan them up and down till you see almost all the skins are gone over, then lay them on the dresser again, and those that are not blanched do them with your fingers, and fan them again; and when they are done keep them very dry or else they will get sour.

### No. 27. French Maccaroons.

TAKE one pound of sweet almonds and pound them very fine in a mortar, with whites of eggs, and be careful they do not oil; then take three pounds of powdered sugar and mix with the almonds and whites of eggs to a fine thickness, so as to come off the spoon well; then put three sheets of paper on your plate, and with a table spoon drop them off at a little distance from each other

fo as not to touch, put them in rather a brisk oven, but mind they do not burn, bake them of a very fine brown colour and crisp; then let them stand till they are cold, before you take them off, but if they are burnt at bottom, they will not come off at all, so that you must be very careful of them.

No. 28 English Maccaroons commonly called Common.

TAKE one pound of sweet almonds, and pound them in a mortar with a gill of water, and the rest whites of eggs according to the pounding of them, not too wet nor too dry, but you need not pound these almonds quite so fine as for the French maccaroons; then add one pound of the best Lisbon sugar, and mix it well with your almonds; then take a wire, and lay one sheet of paper

on the wire, take some sheets of waser paper, join them, and lay them on the paper that is on the wire, put your paste in a bason, take a table spoonful of the paste, and drop it off the spoon; sist some powdered sugar, over them; let your oven be pretty quick, but do not bake them much, only till the tops are of a fine brown, for these biscuits must be rather moist when eaten; when they are done, take them out, and cut the waser paper off round them, but mind and leave the waser paper at bottom of them, and round the sides of them.

#### No. 29. Ratifie Biscuits.

TAKE half a pound of sweet almonds, and half a pound of bitter almonds, and pound them in a mortar very fine, with whites of eggs; put three pounds of powdered sugar, mix it well

with the whites of eggs, to the proper thickness into a bason; put two or three sheets of paper, on the plate you bake on; take your knise, and the spaddle made of wood, and drop them on the paper, let them be round, and about the size of a large nutmeg; put them in the oven, which must be quick, let them have a fine brown, and all a like, but be careful they are not burnt at bottom, else they will not come off the paper when baked: let them be cold before you take them off.

# No. 30. Orange Biscuits.

TAKE one pound of sweet almonds, pound them in a mortar very fine with whites of eggs; take ten china oranges, rasp the rind off them very fine, and put it with the almonds; add three pounds of powdered sugar, and mix it

well, if you find it too thick, put more whites of eggs to it and mix it well; then put two or three sheets of paper under, beside that you have put them on: let your oven have a moderate heat; drop little round pieces of paste on your paper, about half as big as a nutnneg, and put them in the oven: let them have a fine brown, and take them off when cold.

#### No. 31. Filbert Biscuits.

TAKE some Barcelona filbert nuts, and put them in a mortar to break the shells, pick all the shells from them clean, pound them in a mortar very sine, and mix whites of eggs with them; take care they do not oil; mix three pounds of powdered sugar, with the nuts and whites of eggs to a proper thickness, let your oven have a moderate

heat, then with the spaddle and knise, drop small pieces, the same size as the orange and lemon biscuits; and put two or three sheets of paper under them, let them be a fine brown, and all alike, and let them be cold before you take them off the paper.

# No. 32. Piflachio Nut Bifcuits.

TAKE half a pound of pistachio nuts and blanch them, pound them in a mortar very fine; mix whites of eggs, and one pound of powdered sugar in a basson, break sixteen eggs, and put the whites of them in a copper pan, whisk them very strong, sit to bear an egg on them, put the yolks with the sugar and pistachio nuts, beat them well with a spoon in each hand, mix the sugar, yolks and pistachio nuts, with the whites very lightly, then put one pound and a quarter

duarter of flour, as lightly as possible; butter your spunge tins, and put the passe in: sift some powdered sugar over them; before you put them in the oven, let the heat be moderate, and put three papers under the tins: do not let your biscuits be burnt, but of a fine colour, and take them out of the tins while they are hot.

No. 33. Orange Flower Bifcuits.

TAKE powdered sugar, what quantity you choose, and put as much white of eggs, as will make the sugar of a thick paste; pick some orange slowers, and mix as many as you like, in proportion to your quantity of sugar, and whites of eggs, in a bason, so as to be thick enough to roll in little lumps, about the size of a walnut; let your oven be rather slack or moderate; put three papers between them and the tin

plate, put them in the oven, let them rife to a very light brown, and take them off when cold.

No. 34. Fine Almond Faggots.

CUT some sweet almonds in halves, put them and fome whites of eggs in a bason together; put a little powdered fugar, to make the almonds flick together, mix them well together in a bason; put some wafer papers on your wire, make the almonds up in little heaps with your fingers, as big as you please; fift a little powdered sugar over them, before you put them in the oven, let them be a little brown, and then take them out, and cut the wafer paper off round them, that is ragged, and leave the wafer paper at the bottom of them.

#### No. 35. Fine Ginger Cakes.

TAKE four pounds of flour, and put on your dreffer; then take a copper faucepan, and break fix eggs, and mix them well with a spoon; put one pint of cream in them, and beat them well, put the faucepan over the fire, and stir it till it is just warm; put two pounds of butter into the cream and eggs; and one pound of powdered fugar, and stir it over a very flow fire, just to melt all the butter; put in four ounces of pounded ginger, and when all the butter is melted, pour it all into the middle of the flour, mix it as well as you can, and when you have made it a fine paste, roll it out with flour under it, on your dreffer, cut them to the fize of the top of a breakfast cup, and a quarter of an inch thick; put three papers under them, before you put put them in the oven, which must be very hot.

N. B. These are very good for the stomach in cold weather.

No. 36. Fresh Apricot Biscuits.

TAKE some of the ripest apricots, and put them in an earthen jar, in a copper pot; sill the pot up with water round the jar, cover the jar over very close, put it over the sire, and let it simmer for four or sive hours, and then take the apricots, cut and put them in a sieve till next morning, pass them through the sieve with your hand: to every two pounds of jam, put sive pounds of powdered sugar, and beat it well together with two spoons; then break into it eight whites of eggs, whish them very strong, and mix them with the jam; fill your paper moulds, and put them

in the hot stove, and do the same as you will see in the receipt of the barberry biscuits, and put them in a dry box.

No. 37. Fresh Barberry Biscuits.

TAKE your barberries, and put them in the oven; pass them through a fieve. and allow to every two pounds of barberries, five pounds of powdered fugar, fifted through a lawn fieve; mix the fugar with the barberries; break four eggs, put the whites in a copper pan, and whisk them very strong, mixing them with the jam; glaze fome thick white paper, cut it in small pieces, and make them in fmall fquare boxes, commonly called coffins; put the jam in as fmooth as possible, and put them in a fieve; then put them in your stove, and let them be in fix or eight days; when they are dry, tear the paper off them, put them them in your papered box, and keep them dry.

No. 38. Fresh Damson Biscuits, or Refined Cheese.

TAKE some fine damsons, and put them in a brown earthen pan; put them in the oven, and let them be, till you find that all the fkins will come off. and that the damfons are quite baked through; then take them out, skin and stone them, pass them through a fieve with a spoon; put five pounds of powdered fugar to every two pounds of jam, add five whites of eggs whisked very strong, mix them well with the jam and fugar; put them in paper moulds, as you do the barberry biscuits; let them be in the stove five or fix days, when dry, take the paper off, and put them in your dry box.

No. 39. A Small Fine Almond Cake.

TAKE fix ounces of powdered fugar, and put it into a bason; then take five eggs, and put the yolks with the fugar: add fix ounces of almonds, half bitter, and half fweet, pound the almonds very fine in a mortar with the white of an egg or two, put them in with the yolks and fugar, beat them well with a wooden fpoon, whisk the whites very strong in the copper pan, mix the yolks and the rest with the whites, as light as possible, and take two ounces of flour, fifted very fine, and mix it with the reft: paper the heap that you mean to bake it in, with three papers double on the infide of the heap, and four at bottom; let your oven be very brifk, and before you put it in, fift a little powdered fugar over the top of it, if you find after it has been in the oven a little time, that it is too hot for it on the top, put one or two sheets of paper on the top of the cake, to prevent its scorching. They will not take above half an hour baking, if your oven is proper for them.

No. 40. A Large Rich Two Guinea Cake.

TAKE a large flat copper perserving pan; then take sour pounds of the best fresh butter and rub the butter very sine; take another large copper pan and break sifty sour eggs, whisking them ten minutes; put sour pounds of powdered sugar, and whisk the eggs and sugar together over the sire, till you find it pretty warm, take it off, and whisk it till cold, mix it well with the butter, with your hand, and put in an ounce of mace and cinnamon pounded, and two glasses of brandy: cut two pounds of lemon and

orange peel, and citron, and one pound of sweet almonds; take sive pounds and three quarters of flour, and sift it, put in half of it, then take four pounds of clean currants and put in.

N. B, When you have put half your flour in, then add a quarter of a pound of bitter almonds, pounded with a little powdered sugar, just to keep them from oiling, put the rest of the flour in, and paper your large heap, putting four sheets withinside, and at bottom, and let your oven be very brisk,

#### No. 41. A Small Rich Seed Cake.

BREAK fourteen eggs into a copper pan, which them ten minutes; then take one pound of butter, and rub it well with your hand to a cream; put one pound of powdered fugar to the eggs, and which them over the fire three mis-

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nutes, then whisk them till they are cold, afterwards mix them with the butter, with your hand as light as you can; put two or three handfuls of carraway seeds in, and some sweet almonds cut; and a little cinnamon and mace; mix one pound and a quarter of flour, as light as you can with your hand: put three papers with inside your heap, and four or five at bottom, and let your oven be rather brisk; when you find your cake has risen, and the oven too hot at the top, cover it with a sheet of paper, and it will be done in about an hour and a shalf, or two hours at farthest.

# No. 42. A Small Rich Plumb Cake.

TAKE one pound and fix ounces of currants, wash and pick them very clean, then dry them, and rub a little flour with them, to make them all white;

take one pound of butter, and put it into a copper perferving pan, rub it with your hand quite to a cream; take another pan, and break fixteen eggs, yolks and whites together, whisk them about ten minutes; take one pound of powdered fugar, put it in with the eggs, whisk them well over the fire, and be careful it does not burn at bottom; make the whifk go to the bottom, and when you feel they are warm, take it off; whisk them till they are quite cold; be-. fore you put them to the butter, mix them well with the butter with your hand, put the pound and fix ounces of currents in with it; put in one pound and a quarter of flour, and mix it with the rest; add half a pound of citron and lemon and orange peel cut in it; and a handful of fweet almonds cut; and a handful of bitter almonds pounded with a little powdered fugar; half an ounce of cinnamon and mace pounded and a glass of brandy; then paper your hoop, put your cake in the oven, and let it be of a regular heat.

# No. 43. Lemon Wafers.

TAKE fix lemons, and squeeze into an earthen pan; pound and sift some double refined sugar and mix it with the lemon juice; put one white of an egg in with it, and mix it up well together with your wooden spoon, to make it of a fine thickness; take some sheets of waser paper, and put one sheet of it on a pewter sheet, or tin plate, put a spoonful on, and cover the sheet of waser paper all over with your knise; cut it in twelve pieces, and put them across a stick in your hot stove, with that side the paste is on uppermost, and you will find they will curl; when they are

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half curled, take them off very carefully and put them up endways in a fieve, that they may stand up; let them be in the hot stove one day, and you will find they will be all curled, and then they are done.

### No. 44. Barberry Wafers.

BARBERRY wasers are made the same way as your lemon wasers, only when you have made as many lemon wasers as you want, mix a little cochineal with the rest of the paste, to make it of a fine pink colour, and if it should too thin, put a little powdered sugar with it, and dry them the same way as the lemons.

### No. 45. Orange Wafers.

TAKE fix china oranges, and rafp the rind of them very fine, cut them in halves, and squeeze them into a little pan; take three lemons, and fqueeze them in with the orange juice and the rind; add some powdered sugar sifted through a lawn fieve, and make it of the same thickness as you do for your lemon wafers, and dry them the fame way with wafer paper.

### No. 46. Bergamot Wafers.

SQUEEZE fix lemons into a little pan; mix with them some double refined powdered fugar fifted through a lawn fieve, fo as to make it of the same thickness as your lemon wafers; add fome effence of bergamot, and mix it

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well with one white of an egg; beat it till you see it is very white; if you find it grow too thick, squeeze one more lemon in, and mind you do not make it too strong of the essence of bergamot, for if you do, it will become bitter, and not pleasant to taste; then do them the same way as your lemon wasers.

### No. 47. Violet Wafers.

TAKE fix lemons, and squeeze them into a little pan; add some sine powdered sugar sisted through a lawn sieve, and mix it with the juice, till it is as thick as your lemon wasers; put some essence of violets, and mind you get your essence very strong; put a little blue colour, so as to make it a very sine colour; if you find it too thin, put a little more sugar into it, then spread it on the waser paper, as your lemon wasers.

# No. 48. Peppermint Wafers.

TAKE fix lemons, and squeeze them into a little pan; add some very fine sugar and one white of an egg, and beat it very well, so as to make it very white; put some of the strongest oil of pepermint into it, so as to make it strong enough to your palate, then do them the same as your lemon wasers.

#### No. 49. Bergamot Drops.

Pound and fift some sugar very fine; squeeze sour or sive lemons, and mix the juice and the sugar together with a wooden spoon; drop about twenty drops of essence of bergamot into it, and mix it well with your spoon; stir it over the fire three or sour minutes, drop them off your knife about the size of the orange

orange and lemon drops, and make them as round as you can, let them stand till cold, and they will come off well; they must be dropt on writing paper.

No. 50. Black Currant Drops.

GET half a fieve of black currants, and put them in a pan; mash them with your spaddle, and put them over the fire; bring them just to a boil and pass them through a sieve over an earthen pan, put what jelly comes from them in an earthen pipkin, and put it over the fire and let it boil for two hours, stir it all the time at bottom with your spaddle, or else it will burn; put in two pounds and a half of powdered sugar, mix it with the jam and stir it over the fire half an hour, drop it on pewter sheets or plates, in little drops from your knife, and put them in your hot stove, let them

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be there till you find that they are quite dry, and then take them off with your knife.

## No. 51. Chocolate Drops.

TAKE one pound and a half of chocolate, put it on your pewter sheet or plate, and put it in the oven just to warm the chocolate; then put it into a copper stewpan, with three quarters of a pound of powdered fugar, mix it well over the fire, take it off, and roll it in fize of small marbles, put them on white paper, and when they are all on, take the fheet of paper by each corner, and lift it up and down, fo that the paper may touch the table each time, and by that means you will fee the drops come quite flat, about the fize of a fixpence; put fome fugar nonpareils over them, and cover all that is on the paper, and then then shake them off, and you will see all the chocolate drops are covered with the sugar nonpareils; let them stand till cold, and they will come off well, and then put them in your box papered.

### No. 52. Damfon Drops.

Put fome damsons in the oven to bake but not so much as to break, then skin and stone them, and pass them through a sieve; sift some common loaf sugar through a lawn sieve, and mix with them, make it very thick, drop them off your knife on paper, put them in your stove to dry: when they are quite dry, turn them on a sieve, and wet the outside of the paper, and they will come off easily; put them into the stove again till they are quite dry and hard, and then put them by in your papered box.

No. 53. Seville Orange Drops.

THIS is the same sort of paste as your Seville orange paste cakes are made of, only drop them off your knife on your plate, then put them in your hot stove, and when they are sit, take them off with a knife, turn them upside down on a sieve, and put them in the stove again for a day; then paper your box and put them in.

### No. 54. Lemon Drops.

SQUEEZE the juice of fix lemons into a brown pan or bason, take some double refined sugar, pound and sift it through a very sine lawn sieve; mix it with the lemon juice and make it so thick that you can hardly stir it; put it into a copper stew pan, with a wooden spoon stir it over the sire sive minutes;

then

then take it off and drop them off the point of a knife, of the same size with the orange drops, and let them stand till cold, and they will come off the paper.

N. B. If you wait for their cooling, put them out in some cold place: they must be dropt on writing paper.

### No. 55. Orange Drops.

R ASP fix china oranges very fine, fqueeze them in a fmall pan or bason with the rind; squeeze two lemons with them, without rasping the rind, sift some powdered sugar and mix with the juice, make it of a fine thickness, put it over the fire in a small stew pan, and with a wooden spoon turn it for sive minutes, then take it off the fire, and drop them off the point of a knise, as round as you can upon white paper, about the size of a silver two pence; let

them stand till they are cold, and they will come off; then put them in your box.

## No. 56. Peppermint Drops.

SQUEEZE three or four lemons into a bason, and mix some powdered sugar with the juice, the fugar must be fifted through a lawn fieve; make it of a proper thickness, and put some oil of peppermint in with it, as much as you think proper to your palate; make it of a proper thickness with sugar, put it in a fauce pan and dry it over the fire, stirring it with a wooden spoon for five minutes, then drop them off a knife on your writing paper, the same size as the last receipt mentions, and let them stand till they are cold, and they will come off eafily, then put them in your papered box.

No. 57. Violet Drops.

SQUEEZE fix lemons, mix with them some powdered sugar sisted very sine; put into it two large spoonfuls of essence of violets and some blue colour, just enough to make it of a sine blue, viz. a little Prussian blue, pounded and mixed with a little gum water; mix all well together, and dry it over the fire, the same as the others, and drop them off a knife on paper the size of the others; let them stand till cold, do not make it too thin, before you put it over the fire to dry; when they are cold, put them in your papered box.

No. 58. Barley Sugar Drops.

THESE are made the same way as we make the barley sugar, only when boiled boiled put the rind of one or two lemons in rasped, and drop the syrup on the marble in little round drops as big as a shilling; let them stand till cold, then put them up in papers, and as you take them off the marble have some powered sugar, at the side of you, to put them in.

## No. 59. Lemon Prawlongs.

TAKE some lemons, and peel the rind off in sour quarters; take all the white off from the inside of the rind; cut the yellow rind in pieces, about one inch long and about the tenth part of an inch wide; have a pan of boiling syrup on the fire, and let it boil till it comes almost to carimel, then put the prawlongs in, and stir them very much with a large wooden spoon till they are cold; put them in a large sieve, and shake them

them just to let the sugar that does not slick to them go through the sieve; lastly put them in your box, and keep them in a dry place.

### No. 60. Orange Prawlongs.

TAKE china oranges, and peel the rind off in four quarters; take all the white off from the infide of the rind; cut the yellow rind in pieces about one inch long, and about the tenth part of an inch wide; have a pan of boiling fyrup on the fire, and let it boil till it comes almost to carimel; put the prawlongs in, and stir them very much with a large wooden spoon till they are cold; then put them in a large fieve, and shake them, just to let the sugar that does not stick to them go through the fieve; put them in your box, and keep them in a dry place.

No. 61.

No. 61. Piftachio Prawlongs, Red.

TAKE some pistachio kernels, and have a preserving pan on the fire with syrup; boil it till it comes almost to carimel, put some cochineal in and the nuts; and stir them; when they come off the fire break them apart, let them have two coats of sugar, and see that they are of a fine colour, and do every thing according to the receipt of the burnt almonds.

No. 62. Burnt Filbert Prawlongs, Red.

TAKE some barcelona nuts and crack them, put the kernels into a copper pan or sheet, and put them in the oven to roast; have a pan with syrup boiling, and let it boil till it comes almost to carimel; put a little cochineal in a cup, when the sugar is boiled, add

it to it and the filberts, and stir them very much with a large wooden spoon, till you find the sugar is got hard round them; put them in a sieve, and separate them which stick together; have another pan, with syrup in and boil it as before, and as high; put the same quantity of cochineal in, and mix them as before, because the second time you do them, the siner the colour will be, then put them in your box.

No. 63. Orange Flower Prawlongs.

TAKE orange flowers, pick the leaves afunder from each other, and fee that they are quite dry; have a preferving pan with fyrup on the fire and let it boil till it comes almost to carimel, then put your orange flowers in; stir them well with a large spoon, continue the stiring till they are cold, then put them in a

fieve

fieve, and fift them, till you fee the powder of the fugar all gone, then put them in your box, but do not put them in a damp place.

No. 64. Seville Orange Jumbles.

TAKE some Seville oranges, and out the rind off them as thin as possible, and the breadth of a silver three pence, and as round as you can; put them on a sieve into your stove; let them stand four or sive hours; put some syrup over the sire, and let it boil a quarter of an hour; put your jumbles in the syrup, and give them three or sour boils; drain your syrup from them, put them on a sieve in a hot stove, let them be there two or three days, till they are quite dry, then put them in your box and keep them dry.

#### No. 65. Burnt Almonds, Red.

TAKE fome of the finest Jordan almonds you can get, fift all the dust from them, have some syrup boiling in a pan. and let it boil till it comes almost to carimel, put half a cup full of cochineal in; put the almonds in as fast as you can, and flir them till they are cold : then put them in your fieve and break them, that are fluck together, from each other; then have another pan of fyrup boiling, the same as before, and when they are cold, pick them from each other for they must always have the coats of fugar on them; fee that your cochineal is properly mixed, to make them of a fine colour, as you must put more cochineal in the last coat than you did in the first.

No. 66. Burnt Almonds, White.

TAKE some of the finest Jordan almonds you can get, and sift all the dust from them; then have some syrup boiling in a pan, and let it boil till it comes almost to carimel; put your almonds in and stir them till they are cold; pick them in your sieve, break them that are stuck together from each other, and then have another pan of syrup boiling, the same as before, and give them two coats of sugar; when done pick them from each other.

No. 67. Piftachio Prawlongs, White.

TAKE some pistachio kernels, and have a preserving pan on the fire with syrup, and boil it till it comes almost to carimel; put in the nuts, stir them till they

they are all covered with fugar, and give them two coats, the same as burnt almonds, white.

No. 68. Burnt Filberts, White.

TAKE some barcelona nuts and erack them; put the kernels in a copper pan, or sheet, and put them in the oven to roast; then have a pan with syrup boiling and let it boil till it comes almost to carimel; put your silberts in, stir them till they are all covered with sugar, and give them two coats as the burnt almonds, white.

No. 69. Merings in the Form of Eggs.

TAKE a half pint bason full of syrup, put it in a small stew pan, and boil it to what they call blow; then take the E 3 whites whites of three eggs, put them in another copper pan, and whifk them very strong; when your fugar is boiled, rub it against the fides of the stew pan with a table spoon; when you see the sugar change, and all white, quickly mix the whites of eggs with it, for if you are not quick your fugar will turn all to powder; when you have mixed it as light as possible, put in the rind of one lemon, but do not stir it but as little as possible; take a board about one foot wide, and eighteen inches long, and put one sheet of paper on it; with your table spoon drop your batter in the shape of half an egg, fift a little powdered fugar over them before you put them in the oven: let your oven be of a moderate heat, watch them very close, let them rise, and just let the outfide be a little hard but not brown, the infide must be moist; take them off with

with a knife, and put about half a tea fpoonful of raiberry or strawberry jam in the middle of them; then put two of them together and they will be in the shape of an egg, but you must handle them very gently.

#### No. 70. Almond Pafte.

TAKE half a pound of sweet and one dozen of bitter almonds, and pound them so very fine that you can hardly perceive the least piece of almond in it; use water to pound them with, but do not make them too wet, for if you do, it will be a long time before you can get them dry again; only just to keep them from oiling, take a small saucepan and a wooden spoon and put the paste in the saucepan, and half a pound of powdered sugar with it, mix it well together, before you put it on a flow sire, keep rub-

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bing it about with your wooden spoon in the pan, and be careful it does not burn, which it will if your spoon does not touch the bottom of the pan; when you find the paste does not stick to the pan, and comes altogether, then it is done. — N. B. Put a little flour on your dresser, that it may not stick; when cold do as you please with it.

#### No. 71. Orgeat Pafte.

TAKE two pounds of sweet and one ounce of bitter almonds, pound them very fine with water; have two quarts of syrup boiling, and let it boil till it is come to blow; mix the almonds with it, and stir it over the fire till it becomes very stiff, stir it all the time with a spaddle or else it will burn at bottom; when cold put it in your pots, and tie a bladder over the paper.

#### No. 72. Orgeat Syrup.

TAKE eight ounces of sweet and one ounce of bitter almonds, pound them very fine, that you cannot feel one piece of almond in it; mix one wine quart of water with it very well; strain it through a fine cloth; put in one gill of orange flower water, have two quarts of boiling syrup, and let it boil till it is almost carimel; mix what drains from the almonds with the syrup on the fire, and let it boil till it becomes a fine syrup; put it into your bottles whilst it is warm; the next day cork them, and put bladders over the corks.

## No. 73. Lemon Syrup.

TAKE fix lemons and rasp them very fine into a bason; squeeze the juice

of one dozen of lemons to the rind, and mix it well together with a spoon; take one quart of fine syrup, put it in a saucepan and let it boil till it is almost carimel; while your syrup is boiling, drain your lemon juice and rind through a fine sieve; take care that you put the juice to the syrup before it is carimel, or you will have your syrup too high; then let it boil three or four minutes, and observe that it is a fine syrup; when done take it off; let it stand a little time, and put it in your bottles while warm; the next day cork them, and tie bladders over the corks.

### No. 74. Orange Syrup.

TAKE eight china oranges, rasp them very fine into a bason; squeeze one dozen of china oranges and two lemons to the rind: mix it all together with with a spoon in the bason; drain all the juice through a fine lawn sieve; take one quart of fine syrup, and boil it till it is almost carimel; put the juice to the syrup, but mind you make it a fine syrup; put it into your bottles, cork and bladder them the next day.

## No. 75. Seville Orange Syrup.

TAKE one Seville orange, and rasp it very fine; squeeze eight Seville oranges and one lemon with the rind; mix it all well with the spoon; take one quart of fine syrup, and boil it till it is almost carimel; strain your juice through a fine sieve, and mix it well with your syrup, mind you make it a fine syrup; put it in your bottles while a little warm; cork and bladder them the next day.

# No. 76. Pine Apple Syrup.

DRAIN the fyrup from your pine apple chips, when you are going to dry them that are preserved, as you will see in your receipt of pine apple chips; boil the syrup three or four times, and put it into your bottles while warm; cork and bladder them the next day.

#### No. 77. Capillaire Syrup.

TAKE two quarts of fine fyrup, and boil it to blow; boil twice or thrice two gills and a half of orange flower water, skimming it all the time; put it in your bottles, and cork it up the next day; put pieces of bladder over the corks, but mind that it is a fine syrup, before you take it off.

No. 78. Currant Jelly, Red and White.

PUT your currants into a preserving pan, mash them and put them over the fire; when they are all broke and just upon the boil, take your spaddle and put them on a hair sieve; let all the juice drain through a slannel bag till it is quite fine, if it is not sine enough the first and second time, put it through again; take as much sugar as you have got jelly, and let it boil almost to carimel then put your jelly in, and let it boil ten minutes, skim it all the time; then take it off, mind it is a fine jelly, and put it in your glasses.

No. 79. Rafberry Jelly, for Ices.

Pu T your rasberries in the preserving pan; wash them well with your spaddle,

dle, put them over the fire, stirring them all the time they are on; when they are ready to boil take them off, and pass them through a hair fieve into a pan, letting no feeds go through; put your jelly into another pan, fet it on the fire, and let it boil twenty minutes before you put the fugar in, stiring it all the time, or else it will burn at bottom; put fourteen ounces of fugar to every pound of jelly, let it boil twenty minutes, stiring it all the time, when cold put it in a brown pan and pots; fift a little powdered fugar over it; let it stand one day and then cover it up: this jelly is good to make ice cream with.

No. 80. Apple Jelly, to put over your Fruit, or what you like.

TAKE one dozen and a half of ruffetings, pare and cut them in pieces into into a preserving pan, and take the cores from them; cover them with water, and let them boil quite to a marmalade; put them in a hair sieve, let them drain; have as much syrup in another pan, as there comes jelly through the sieve, and let the syrup boil till it almost comes to carimel, put the jelly to the syrup, and let it boil ten minutes; then put it over your fruits, let it be hot

#### No. 81. Hartshorn Jelly.

BOIL half a pound of hartshorn shavings in a gallon of water, till one third of the water is boiled away, then strain it off and let it stand till it is cold, melt it again, put in a little bit of orange and lemon peel just to colour it, skim it well, and add half a pint of rhenish or white mountain wine, the juice of one lemon and a half, with half a pound of fine

fine fugar; tafte it, and if it is not fweet enough to your palate, add more; take the whites of fix eggs, whisk them well and put them in; stir these together, let it boil a little, take it off, and add as much more lemon juice as will sharpen it to your mind; pour this into your jelly bag, first putting in the whites of eggs, and it will run the clearer, if it does not come clear the first time, pour it into the bag again, and it will come clearer into your glaffes; let your bag hang near a fire to keep the jelly warm, till it is all run off; you may know when the liquor will jelly, if when it is on the fire, you take out a little in a spoon and let it cool.

No. 82. Calves Foot Felly.

BOIL two calves feet in a gallon of water, till it comes to two quarts, strain

it off, and let it stand till cold, skimming off all the fat clean; take the jelly up clear from the fediment; put the jelly into a faucepan with a pint of mountain wine, half a pound of powdered fugar. and the juice of four large lemons; whisk fix or eight whites of eggs; put them in a faucepan, and stir them well with the jelly till it boils; let it boil a few minutes; pour it into a large flannel bag, and it will run through pretty quick, pour it again till it runs clear; get a large china bowl ready with two lemon peels rasped as thin as possible; let the jelly run into that bowl, and the peels give it both a fine amber colour, and also a fine flavour; lastly put it into your glaffes.

No. 83. Black Currant Felly.

Pu T your black currants into a preferving pan over the fire; mash them with your spaddle and just let them boil; take them off and drain them through a very fine sieve; boil them a quarter of an hour; to every pound of currant jelly put sourteen ounces of powdered sugar; boil them ten minutes; put it in your pots; let it stand two days before you cover it up, and put brandy papers over the jelly before you tie the papers over.

No. 84. To make Blomonge.

TAKE one pint of milk and half a handful of picked ifinglass; put the ifinglass into the milk and boil it, till all the ifinglass is melted; strain it through a fieve;

a fieve; pound four ounces of sweet, and fix or seven bitter almonds very fine; put a little spice in your milk; when you boil it, mix your almonds with the milk to make it palatable; pass it through a sieve again, put it in your moulds, and let it stand till it is cold.

# No. 85. Goofberry Felly.

TAKE two quarts of green goosberries; and put to them two quarts of water; boil and mash them as they boil, until they are all to a mummy; drain all the juice from them through a slannel bag; when it is all drained, take as much more syrup, as there is jelly from the goosberries; boil the syrup to blow; put the goosberry jelly into it and boil it about a quarter of an hour, and mind you make it a fine jelly.

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No. 86. Rasberry Jam.

PUT the rasberries into a large copper pan, stir them well at the bottom of the pan with a large spaddle about three feet long; mash the rasberries as much as you can; put them over the fire and keep flirring them all the time; when you find they are almost ready to boil, take them off; have a large hair fieve over another pan and pass the rasberries through the fieve; the hair of the fieve must be large enough to let all the seeds of the rafberries through; mind there is no pieces of rasberries left; put them over the fire and flir them with your spaddle; let the rasberries boil half an hour, flirring them well from the bottom as they boil, to prevent them from burning; put in fourteen ounces of powdered fugar to every pound of rafberries;

berries; take them off the fire; mix them well together and boil the fugar and rasberries together half an hour; sift some powdered sugar over the tops of the pans before they are covered.

#### No. 87. Apricot Jam.

GET the ripest apricots you can, cut them to pieces and take the stones from them; put them into a large copper preserving pan, and mash them as much as you can; put them over the fire to warm, mashing them all the time; pass them through a cullender and keep forcing them with a small pessle; when they are all broke put them over the fire and just let them boil for ten minutes, stirring them all the time; then put sisten ounces of powdered sugar to every pound of apricots; let them boil together half an hour, stirring them all

not burn at bottom; when it is boiled enough put it into brown pans; when cold put fome apple jelly over the top of them, and brandy papers over the jelly before you cover them, and let them stand two days before you put them by.

### No. 88. Strawberry Jam.

PICK the stalks from the strawberries, and put them into a large copper preferving pan; mash them with your spaddle to break them as much as you can; put them over the fire, make them quite hot almost to boil; pass them through a very sine cullender; boil the strawberries you have past twenty minutes, stirring them all the time with your spaddle; weigh your strawberries; and allow sisteen ounces of powdered

fugar to every pound of strawberries; put in the sugar and boil them together, stirring them from the bottom, (else they will burn) for half an hour over the fire; fill your pans and sift some powdered sugar on the tops of them before you put them by, and the next day put papers over them.

#### No. 89. Barberry Jam.

PICK your barberries from the stalks, and put them into an earthen pan, then into the oven to bake; when baked pass them through a sieve with a large wooden spoon, taking care there are not any skins of the barberries in it; weigh the barberries, and to every two pounds of barberries allow two pounds and a half of powdered sugar; mix the sugar and the barberries together, and put it in your pans, covering it up; set

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it is a dry place, but when you have filled your pans with it; fift a little powdered fugar over the tops of them.

#### No. 90. Peach Jam.

GET the ripest peaches, stone and bruise them; put them into a preserving pan and let them boil; mash them very much, flirring them with your spaddle; when they are foft pass them through a large fieve; pound fome bitter almonds with powdered fugar to keep them from oiling; put half an ounce of them to a pound of jam; put the jam and almonds over the fire and boil them a quarter of an hour; add ten ounces of powdered fugar to every pound of jam; mix the fugar and the jam together, boil it half an hour, stirring it all the time from the bottom, else it will burn; when it is boiled enough, put it into your pot or

pans, and when cold put some apple jelly over it, and brandy paper over that.

No. 91. Black Plumb Jam.

GET the ripest black muscle plumbs you can, cut them to pieces, stone them and put them into a large copper pan; bruise them as much as you can with your spaddle; warm them over the fire till they are soft; pass them through a cullender with a pestle and get as much through as you can; boil it one hour, stirring it from the bottom all the time, or else it will burn; put six ounces of powdered sugar to every pound of jam; take it off the fire and mix it well, put it over the fire ten minutes, then take it off and put it in brown pans sisting some powdered sugar over it.

# No. 92. Rasberry Cakes.

TAKE one pound of rafberry jam, one pound of powdered fugar, and mix them well together with your spoon; have fome small pieces of tin made in round rings about the fize of half a crown piece, and about a quarter of an inch deep, and have a piece of wire fixed to the ring to lay hold by; then have a pewter sheet or plate, put your ring on it and fill it with your jam, stroke it over the top of it with your knife, have a pin and pull it along all the infide of the ring and lift the ring up and the cakes will stick to the plate; put them into your stove, and let them be there until the next day; then take them off with your knife and turn them; put them on a fieve and let them be until the next day and when you find they are well dried, put them into your box.

No. 93. Seville Orange Pafte Cakes.

C U T one dozen of Seville oranges into halves, and squeeze them into a brown pan; put the peels into a pan of water and let them boil until they are quite foft; take them out and fcoop all the infide out of them; pound the peels in a mortar, then take one dozen and a half of large apples, pare and cut them into pieces into a preserving pan; add to them the juice of the oranges and water enough to cover the apples, and let them boil till they come to marmalade; pass it through a fieve with a spoon, likewise pass the orange peels that are pounded through a fieve; mix the apples and oranges together; have as much fyrup in another preserving pan as you have got jam; boil the fugar until it is nearly carimel; mix it with your jam, flirring them well together; put it over the fire

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ten minutes stirring it all the time with your spoon; put your heart tin moulds, or any shape you like, and place them on your pewter sheets or plates; fill them with your paste, put them into a hot slove, and let them stand till you find the mould will come off easily, and without the jam's running; take them off and place them in a sieve and put them into your stove until they are quite dry, then let them lay in your stove one day.

No. 94. Millefruit Rock Candy.

FIRST get a tin box one foot long and a about eight or nine inches wide, and fix wires made to go into this tin; the tin box must be made rather smaller at bottom than at top, let there be a hole at the bottom about the fize of a common quart bottle cork, and when you put any thing in put a cork into this hole; put a layer of paste knots at bottom

bottom and a layer of angelica knots; put a wire between every layer to keep them hollow, go on with layers of any thing you have got that is well dried and hard, have a pan of fyrup and let it boil till it comes to blow, then pour it over them in the tin box and let it stand three hours in a very hot stove; then pull out the cork at bottom and put the box on one side for all the syrup to run out; let it stand half an hour in the stove, then take them out and you will find it will be candied all round them, then put them into your papered box.

No. 95. Rock Sugar of all Colours.

TAKE a pint of fyrup, put it into a pan and boil it almost to carimel; have a white of an egg in a little pot and mix a little powdered sugar with it, make it very

very thick with a tea spoon; take your syrup off the fire, put the egg and sugar into the boiling syrup; stir it round very much in the pan with a large spoon; have a sieve papered, you must be very quick about it or it will come over the pan; pour it into your sieve, when cold it will be hard like a rock and when you want to vary the colour mix what colour you fancy with your eggs, and sugar.

#### No. 96. Barley Sugar.

TAKE a small stewpan, put some syrup into it and boil it till it comes to carimel; rub a little butter on a marble stone just to grease it that it may not slick; then take your saucepan by the handle and let the syrup run out of the spout along the stone in long sticks; twist it (while it is hot) at each end and let it stand till cold.

No. 97. The way to make all forts of

TAKE fome fine carraway feeds, fift all the dust from them and have a large copper preserving pan about two feet wide and with two handles, and two pieces of iron made as a ring on each fide, then you must have a pulley fixt to the beam and a cord with a hook to each end fo as to fix it at each fide of the pan to let the pan fling; then have fome fine starch as white as you can get and just fosten it, boil some syrup a quarter of an hour and mix it with the flarch; take some gum arabick, put it into some water, then put that into another pan and make it just warm; have an iron pot with charcoal fire under the large pan, but not too hot, only just to keep the pan warm; have a large tub to put your pot of fire at bottom and

your large pan must be on the top; put the carraway feeds into your pan; add a large ladleful of gum arabick, rub them with your hands until you find they are all dry; then put the ladleful of flarch and fyrup and do the fame over your pan of fire until you find they are all dry; put the gum only three or four times to them at first, then the starch and fugar, but boil your fyrup more as you find they come to coat with it and not so much starch; when you have dried them feven or eight times put them into your fieve; put them into the stove, do them the next day and fo for fix or feven days fuccesfively.

## No. 98. Cardamom Comfits.

GET your cardamoms at the chymists and they will be in a shell; put them into your oven just to dry the skins,

Tkins, and they will break; pick all the feeds from them, put the feeds into your large comfit pan and have a fire under the same as for others; mix your gum, starch, and syrup, and do them the same about the pan with your hands.

No. 99. Carimel Crocont.

TAKE your copper crocont top and butter it all over, then have some syrup boiling in a stew pan; let it boil until it comes to carimel, take the pan off, dip a three pronged fork into the syrup or from the spout of the pan; and you will see strings hang to the fork; move the fork to and fro over the crocont until you quite cover it thick, have your little dish of sweetmeats under, take this crocont off the mould and when cold put it over the sweetmeats and handle it very lightly.

No. 100. Whip, for a Trifle.

TAKE one pint of cream, put it in a freezing pot, put the pot into a little ice in an ice-pail, and whip your cream with a whisk; mix your wine and rind of an orange in another bason, and the juice of an orange and sugar according to your palate; put your cream in and mix it, then pour all the liquor into a dish that your trisse is to be in and put the froth of the cream over it, and put what your fancy likes to garnish it with; add different coloured sugar nonpareils and some small biscuits of different sorts.

No. 101. Everlasting Whipsylabub to put into Glasses.

TAKE five half pints of thick cream, half a pint of Rhenish wine, half

Seville oranges; rasp in the yellow rind of three lemons, and a pound of double refined sugar well pounded and sisted; mix altogether with a spoonful of orange slower water, beat it well together with a whish half an hour, then with a spoon fill your glasses. This will keep above a week, it is much the better for being made the day before it is used.

No. 102. Floating Island; a pretty Dish for the middle of a table, at a second course, or for a Supper.

TAKE a foop dish according to the fize and quantity you would wish to make, but a deep glass dish is the best, put it on a china dish; first take a quart of the thickest cream you can get, make it pretty sweet with sine powdered sugar; pour in a gill of sine mountain and rasp

the yellow rind of a lemon in; whisk your cream very strong as carefully as you can; pour the thin from the froth into a dish; take some Naples biscuits and cut them as thin as possible; lay a layer of them as light as possible on the cream, then a layer of currant jelly, again, a layer of Naples biscuits, over that put your cream that you saved; put as much as you can make the dish hold, without running over; garnish the outside with sweetmeats and what else you like.

No. 103. Iceing for a Rich Cake.

TAKE fix whites of eggs and whifk them very strong; then have a pint of syrup in a small stewpan, and let the syrup boil until it comes to blow through your skimmer; work it about the pan with a spoon, when it is all white and is a great a great deal thicker, mix the whites of eggs together, make it very thick, put it over your cakes and put them into your stove; let them dry, then put another coat over them; make it as smooth as possible you can and let it dry in your stove.

No. 104. To Clarify Sugar for Sweet-

TAKE a large deep copper pan and break two eggs into it, then whisk it as you pour the pan half full of clear water, so as to make it like soap suds; put two large loaves of sugar into it, and put it over the fire; take a large skimmer, stir till it is all melted, if you stir it longer your syrup will not be clear; be careful it does not boil over into the fire, for it is dangerous, as it may set the house on fire; when you find it begins

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to boil and the scum rises, take it off the fire, but do not stir it till it has stood half an hour; then you will find that all the scum will come to the top; take a large skimmer and take it off clean; put it on the fire, let it boil twenty minutes, skimming it all the time; strain it through a slannel bag very clean; put it into a pan or a large stone jar, and use it as you want it to your fruits.

### No. 105. Cedraty Effence ..

GET the cedraties at the Italian warehouses, rasp the rind of them all round very fine; put it in a large marble mortar, and allow for every quarter of a pound, two pounds of powdered fugar; mix it well with a large spaddle till you find it is all of a colour alike, and that the rind is well mixed; put it into a stone jar and squeeze it down as hard

hard as you can; put a bladder over the paper you cover it with, and tie it over quite tight; put it by, and in one month it will be fit to use.

### No. 106. Lemon Effence.

RASP your lemons all round very thin, and allow for every quarter of a pound of rind one pound of sugar; mix it the very same way you do the effence of cedraties, put it into a stone jar, and bladder it up the same.

### No. 107. Orange Essence.

TAKE one dozen and a half of china oranges, rasp them all round and squeeze six of them in with the rind; mix it well in a bason, let three pints of syrup boil about twenty minutes; mix the orange rind and juice and just give

G 4

#### 104 THE COMPLETE

it a boil or two and when cold put it in bottles and cork it up.

#### No. 108. Lemonade.

R ASP two lemons and squeeze fix, put to them three gills of syrup and the rest water; taste it, and if it is not to your palate, alter and mend it till it is right; then strain it through a lawn sieve and put it in your glasses for use.

### No. 109. Orangeade.

TAKE Eight china oranges and rasp sour of them; squeeze the eight and three lemons to the rind; put about two gills of syrup to it and the rest water; taste it, and if you find it not rich enough put some syrup to it, and squeeze more oranges in according to your palate; and if not sour enough squeeze

fqueeze in one more lemon; strain it through a lawn sieve and it is fit for use.

No. 110. Currant Water made of Jelly.

TAKE two large spoonfuls of current jelly, and mix it with a little warm water, then put one gill of syrup, squeeze two or three lemons in and let the rest be water; taste and make it to your palate putting a little cochineal in to make it of a fine colour; strain it through a sieve and it is fit for use.

#### No. 111. Fresh Currant Water.

TAKE a quart of fresh currants and squeeze them through a sieve with your hand; put two large wooden spoonfuls of powdered sugar and one lemon in, and the rest water; make it to your palate;

#### TO THE COMPLETE

palate; strain it through a sieve, and it

### No. 112 Cedraty Water.

TAKE a large wooden spoonful of the essence of cedraty, put it in a bason, squeeze three lemons; add three gills of syrup and all the rest water; make it to your palate, mind that all the essence is melted; and if it is not rich enough put more syrup in; pass it through your lawn sieve, and it is fit for use.

No. 113. Rasberry Water, of Rasberry Jam.

TAKE two large spoonfuls of jam; put it into a bason; squeeze six lemons in and let the rest be water; put a little cochineal to colour it, put in a little syrup to make it palatable; pass it through your

your fieve, and be careful all the feeds are clean out, it is then fit for use.

No. 114. Fresh Rafberry Water.

TAKE one pint of fresh rasberries; and pass them through a sieve with a wooden spoon; put two large spoonfuls of powdered sugar in, squeeze one lemon in and let the rest be water; make it palatable and put a little cochineal in it to colour it; pass it through a sieve and it is sit for use.

No. 115. Bergamot Water.

SQUEEZE fix lemons and to that add three gills of fyrup, and let the rest be water; mind you make it rich before you put the essence in; when it is to your taste, put a tea-spoonful of essence of bergamot in; pass it through a sieve and it is sit for use.

No. 116. Apricot Water.

TAKE two large spoonfuls of apricot jam, and one gill of syrup; squeeze four lemons, put a handful of bitter almonds pounded and a little powdered sugar in the jam, so as to make it have the same bitter taste as the kernels of the apricots; let the rest be water and make it palatable, pass it through a very sine lawn sieve, and it is sit for use.

No. 117. Strawberry Water, of Strawberry Jam.

TAKE two large spoonfuls of strawberry jam, squeeze three lemons, and add one gill of syrup and the rest water

#### CONFECTIONER.

to make it palatable; pass it through a lawn sieve and it is sit for use.

No. 118. Fresh Strawberry Water.

TAKE one pottle of strawberries and pick the stalks from them; pass them through a sieve with your wooden spoon; and put in two large spoonfuls of powdered sugar; squeeze one lemon, and let the rest be water; make it palatable, pass it through a sieve and it is sit for use.

### No. 119. Barberry Water.

TAKE two large spoonfuls of barberry jam and put them in a bason; squeeze two lemons, put in one gill of syrup and the rest water; put a little cochineal in, and if you find it not rich enough put a little more syrup, make

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#### MIO THE COMPLETE

it palatable, pass it through a sieve, and it is sit for use.

#### No. 120. Peach Water.

TAKE two large fpoonfuls of peach jam in a bason; put one handful of bitter almonds with a little powdered sugar; squeeze sive lemons, put in two gills of syrup, and let the rest be water; make it palatable, pass it through a sieve with a spoon and it is sit for use.

#### No. 121. Pear Water.

GET some large pears, rasp them into a bason; if your pears are large four will be sufficient, if small, six or eight; squeeze six lemons, put in four gills of syrup and let the rest be water; make it rich and palatable, pass it through

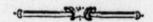
through a lawn fieve and it is fit for

### . No. 122. Cherry Water.

TAKE one pound of Kentish cherries, pound them in a mortar so as to break the kernels of them; take the cherries and kernels, put them into a bason and add four gills of syrup; squeeze four lemons in, and let the rest be water; make it palatable, pass it through a sieve and it is sit for use.

#### No. 123. Orgeat.

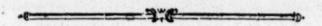
TAKE fix ounces of sweet and one dozen bitter almonds; pound them very fine so that you cannot feel one piece of almond; mix one quart of water with them, strain it through a lawn sieve and put one gill of orange slower water to it, and it is fit for use.



# ICE CREAMS

OF

#### ALL SORTS.



No. 124. Barberry Ice Cream.

TAKE a large wooden spoonful of barberry jam and put into a bason with one pint of cream; squeeze one lemon in, mix it well; add a little cochineal to colour it; put it into your freezing pot and cover it over; put the freezing pot into a pail and some ice all round the pot; throw a good deal of salt on the ice in the pail, turning the pot round for ten minutes; then open your pot and

and scrape it from the sides; cover it up again and keep turning it for some time, till your cream is like butter, and as thick; put it in your moulds, put them into a pail and cover it with ice and salt for three quarters of an hour, till you find the water is come to the top of the pail; do not be sparing of salt, for if you do not use enough it will not freeze; dip your mould into water, and turn it out on your plate to send to table.

### No. 125. Rafberry Ice Cream.

TAKE a large spoonful of rasberry jam; put it into a bason and squeeze one lemon in; add a pint of cream and a little cochineal to colour it; pass it through a sieve into a bason; put it into your freezing pot, and do as above directed in your barberry ice cream.

No. 126. Strawberry Ice Creami.

TAK E a large spoonful of strawberry jam; add a pint of cream and a little cochineal; put it into your freezing pot, and follow the first directions of your rasberry cream.

### No. 127: Apricot Ice Cream.

TAKE one spoonful of apricot jam; put it into a bason and squeeze one lemon in; take a handful of bitter almonds pounded with a little powdered sugar, put them all to a pint of cream and put it into your freezing pot.

No. 128. Pine Apple Ice Cream.

TAKE one gill and a half of pine apple fyrup, put it into a bason and squeeze in one lemon and a half; add one pint of cream, make it palatable, then put it in your freezing pot and freeze it till it is as thick as butter; if you would have it in the shape of a pine, take the shape and fill it; then lap half a sheet of brown paper over the mould before you put it into the ice; and let it remain some time, and be careful no water gets into the shape.

No. 129. Currant Ice Cream.

TAKE one large spoonful and a half of currant jelly, put it into a bason with half a gill of syrup; squeeze in one lemon and a half; add a pint of cream H 2 and

#### 116 THE COMPLETE

and a little cochineal, then pass it through a sieve and freeze it as the others.

No. 130. Piftachio Ice Cream.

BREAK fix eggs into a pan and beat them well with a wooden spoon; put in a pint of cream, beat that well with the eggs and put in the rind of a lemon, one gill and a half of syrup, and a little cinnamon and mace, boil it and stir it all the time, else it will burn, let it boil till you find it grows thick and comes to a curd; then take it off; mix four ounces of pistachio nuts blanched and pounded very fine in a mortar with the custard; pass it through a sieve and put it into your freezing pot.

### No. 131. Bifcuit Ice Cream.

BREAK fix eggs into a stewpan and beat them well with a wooden spoon; add one pint of cream, the rind of one lemon, two gills of syrup and a little spice; boil it till you find it just thickens, stirring it all the time; crumble some Naples biscuit and ratifia biscuits; pass them through a fieve with the other ingredient and put it in your freezing pot.

### No. 132. Plain Ice Cream .-

Pu T one pint of cream into a freezing pot in a little ice, whisk it about till it hangs about the whisk; then take the whisk out and put as much powdered sugar as will lay on half a crown; stir it and scrape it about with your ice scraper till you find it all fro-

#### 118 THE COMPLETE

zen; put it into your moulds and put them into your ice to take the shape.

No. 133. Brown Bread Ice Cream.

DO the same with a pint of cream as in the plain ice cream, only when you have frozen it, rasp two handfuls of brown bread and put it in before you put it into your moulds.

### No. 134. Royal Ice Cream.

TAKE the yolks of ten eggs and two whole eggs; beat them up well with your spoon; then take the rind of one lemon, two gills of syrup, one pint of cream, a little spice, and a little orange slower water; mix them all well and put them over the fire, stirring them all the time with your spoon; when you find it grows thick take it off, and pass it through

through a fieve; put it into a freezing pot, freeze it, and take a little citron, and lemon and orange peel with a few pistachio nuts blanched; cut them all and mix them with your ice before you put them in your moulds.

No. 135. Ginger Ice Cream.

TAKE four ounces of ginger preferved, pound it and put it into a bafon, with two gills of fyrup, a lemon fqueezed, and one pint of cream; then freeze it.

No. 136. Fresh Strawberry Ice Cream.

TAKE one pint of fresh strawberries, pick the stalks from them and pass them through a sieve with your wooden spoon; add four ounces of powdered

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#### 120 THE COMPLETE

fugar to them, and one pint of cream, freeze it, &c.

No. 137. Fresh Rasberry Ice Cream.

TAKE one pint of rafberries passthem through a fieve; put five ounces of powdered sugar and a pint of cream, then freeze it.

No. 138. Fresh Apricot Ice Cream.

TAKE four ounces of the ripest apricots you can get, pass them through a sieve with your wooden spoon with four ounces of powdered sugar and one pint of cream, and freeze it.

No. 139. Coffee Ice Cream.

TAKE one ounce of coffee whole, and put it in a stew pan with one pint of

of cream; put it over the fire and let it fimmer and boil ten minutes or a quarter of an hour; drain all the coffee from it, break four eggs into a pan and add one gill and a half of fyrup; beat them well up together, put the cream that comes from the coffee into it; give it a boil,

No. 140. Chocolate Ice Cream.

ftirring it all the time, pass it through a

fieve and freeze it.

TAKE one ounce and a half of chocolate and warm it over the fire; take fix eggs, one gill of fyrup, and one pint of cream; put it over the fire till it begins to thicken; mix the chocolate in, pass it through a fieve and freeze itNo. 141. Seville Orange Ice Cream.

RASP the rind of one Seville orange into a bason, and squeeze three, and two lemons; add two gills of syrup and one pint of cream; mix it well, pass it through a sieve, and freeze it.

No. 142. Lemon Ice Cream.

RASP one lemon, and squeeze three or four; add two gills of syrup and one pint of cream; mix it all together pass it through a sieve, and freeze it.

No. 143. China Orange Ice Cream.

RASP one china orange; fqueeze four, and one lemon and a half, put in two gills of fyrup and one pint of cream;

CONFECTIONER. 123

cream; pass it through a fieve and freeze it.

No. 144. Burnt Filbert Ice Cream.

Roas T some Barcelona nuts well in the oven, and pound them a little with some cream; put sour eggs into a stewpan, with one pint of cream and two gills of syrup; boil it till it grows thick, pass it through a sieve and freeze it; then mix your silberts with it before you put it in your moulds.

No. 145. Burnt Ice Cream.

TAKE fix eggs, one gill of fyrup and one pint of cream; boil it over the fire until it becomes thick; then have two ounces of powdered fugar in another stewpan, and put it over the fire; let it burn till all melts, stirring it all the time and

#### 124 THE COMPLETE

and when you see it is all burnt of a fine brown, pour the other in, mix it quickly, pass it through a sieve, and freeze it.

No. 146. Millefruit Ice Cream.

TAKE two gills of fyrup, squeeze three lemons, put in a pint of cream, and freeze it; cut some lemon peel, a little orange peel, and a little angelica into small pieces; when it is frozen ready to put into the moulds, put in your sweetmeats with a little cochineal; mix your ingredients well but not the cochineal as it must appear only here and there a little red, then put it into the mould.

No. 147. Fresh Currant Ice Cream.

TAKE one pint of currants, pass them through a sieve with sive ounces

of powdered fugar and a pint of cream, then freeze it.

No. 148. Cedraty Ice Cream.

TAKE two large spoonfulls of essence of cedraty, put it into a bason, squeeze in three lemons and add one pint of cream; observe that all the essence is melted, then pass it through a sieve and freeze it.

No. 149. Burnt Almonds Ice Cream.

THIS ice is done in the fame manner as the burnt filbert ice cream.

No. 150. Parmafan Cheefe Ice Cream.

TAKE fix eggs, half a pint of fyrup and a pint of cream; put them into a stewpan and boil them until it begins to thicken;

#### 126 THE COMPLETE

thicken; then rasp three ounces of parmasan cheese, mix and pass them through a sieve, and freeze it.

## No. 151. Damson Ice Cream.

TAKE three ounces of preserved damsons, pound them and break the stones of them, put them into a bason, squeeze in two lemons, and a pint of cream; press them through a sieve and freeze it.

### No. 152. Prunello Ice Cream.

Pu T five eggs into a pan with two gills of fyrup and one pint of cream; boil it over the fire till it comes thick, then put as much prunello spice as will make it palatable; then pass it through a sieve, and freeze it.

No. 153. Peach Ice Cream.

TAKE one large spoonful of peach jam, add one handful of bitter almonds pounded with sugar, squeeze one or two lemons, and put in a pint of cream; then pass it through a sieve, and freeze it.

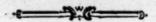
No. 154. Black Currant Ice Cream.

TAKE one large spoonful of black currant jelly, squeeze one lemon in and add a pint of cream; pass it and freeze it.

No. 155. Cherry Ice Cream.

TAKE half a pound of preserved cherries, pound them stones and all; put them into a bason with one gill of syrup, squeeze in one lemon and add a pint of cream, pass it through a sieve, and freeze it.

WATER



# WATERICES

OF

## ALL SORTS.



No. 156. Barberry Water Ice.

TAKE a large spoonful of barberry jam, put it into a bason, squeeze in one lemon, add a pint of water and a little cochineal to colour it; pass it through a sieve and freeze it; be very mindful that it freezes thick and smooth like butter before you put it in your moulds.

No. 157. Rafberry Water Ice.

TAKE a large spoonful of rasberry jelly or jam; put it into a bason, squeeze in one lemon, add a pint of water and a little cochineal, and pass it through a sieve; if you make it roith jam be careful not to let any of the seeds get into your ice, let it freeze rich like butter, which if it does not, you must add a little more syrup, and then freeze it.

No. 158. Strawberry Water Ice.

TAKE a large spoonful of strawberry jam, put it into your bason; squeeze in one lemon, add a pint of water and a little cochineal, and if it do not freeze rich enough, add a little more syrup and freeze it. No. 159. Apricot Water Ice.

TAKE alarge spoonful of a pricot jam, put it into a bason, squeeze one lemon in, add a pint of water, and put to them one handful of bitter almonds pounded fine, with a little sugar; pass them through a sieve, and freeze it rich and thick.

No. 160. Pine Apple Water Ice.

TAKE two gills of pine apple fyrup, fqueeze two lemons in, and add a pint of water; it must be rich and freeze thick; if you want to have it to the shape of a pine, close it well and cover your shape with a sheet of paper before you put it in the ice; let it lie for one hour covered with the ice and salt before you turn it out.

No. 161. Chocolate Water Ice.

TAKE three ounces of chocolate, warm it and mix half a gill of fyrup with a pint of water; mix it well and freeze it thick.

No. 162. Seville Orange Water Ice.

TAKE the rind of two Seville oranges off very fine and thin; squeeze them into a bason with one lemon; add two gills of syrup and half a pint of water; pass them through a sieve and freeze them rich.

No. 163. China Orange Water Ice.

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RASP one china orange, squeeze in three and one lemon, put in two gills of syrup and half a pint of water; pass it and freeze it rich and thick.

No. 164. Lemon Water Ice.

RASP one lemon, squeeze three, and put in two gills of syrup and half a pint of water; pass it and freeze it rich.

No. 165. Punch Water Ice.

PARE the rind very thin off one Seville orange, you are not to rasp it; put your parings into a bason, squeeze in two oranges and one lemon, put in two gills of syrup and half a pint of water, mix it and pass it; freeze it rich, when frozen and mixed well with your spoon, put as much rum in as you think will make it agreeable to the palate, but when you put the rum in, take the freezing pot out of the ice while you mix it, which must be well done before you put it into the moulds.

No. 166.

#### No. 166. Peach Water Ice.

TAKE a large spoonful of peach jam, put it into a bason with a large handful of bitter almonds pounded fine, one gill of syrup, and one pint of water; pass it and freeze it rich.

### No. 167: Currant Water Ice.

TAKE a large spoonful and a half of currant jelly, put it into a bason, squeeze in two lemons and half a gill of syrup and a pint of water; then freeze it rich.

## No. 168. Fresh Currant Water Ice.

TAKE a pint of currants, pass them through a sieve, put in sour ounces of powdered sugar and one pint of water; pass it and freeze it rich.

No. 169. Fresh Rasberry Water Ice.

TAKE half a pottle of rafberries, pass them through a sieve, then put in sive ounces of powdered sugar and a pint of water; pass it and freeze it rich.

No. 170. Damfon Water Ice.

TAKE a quarter of a pound of preferved damsons and break the stones, put them into a bason, squeeze in one lemon, add almost a pint of water and half a gilll of syrup; pass it through a sieve and freeze it rich.

No. 171. Prunello Water Ice.

Pu T two gills of fyrup into a bason; squeeze in three lemons, half a pint of water,

#### CONFECTIONER. 135

water, and as much prunello spice as will make it palatable; press it and freeze it rich.

### No. 172. Black Currant Water Ice.

TAKE one large spoonful of black currant jelly, put it into a bason; squeeze in two lemons, and add a gill of fyrup and half a pint of water; pass it and freeze it rich.

#### No. 173. Grape Water Ice.

TAKE two handfuls of elder flowers, put them into a pot, boil a pint of water and pour it over them, cover them close; then take two gills of syrup and the juice of three lemons; drain all the water from the flowers, add it to the rest, making it palatable, pass it and freeze it; when it is frozen, put it in

#### 136 THE COMPLETE

the shape of a bunch of grapes, close it well and cover the mould with half a sheet of paper; then put it into the ice and salt for one hour before you turn it out.

#### No. 174. Cherry Water Ice.

TAKE a quarter of a pound of preferved cherries sweet; pound them in a mortar just to break the stones; then put them into your bason, squeeze in two lemons, add one gill of syrup, a pint of water, and a little cochineal; mix them well together; pass them, and freeze it rich.

### No. 175. Pear Water Ice.

SQUEEZE three lemons into a bason, add two gills of syrup, and half a pint of water; rasp four large French pears

pears into it; mix them well and make it palatable, pass it through a lawn sieve and freeze it rich; put it into the shape of the pear, cover the moulds with paper before you put them in the ice.

#### No. 176. Millefruit Water Ice.

SQUEEZE three lemons into a bafon, add two gills of fyrup, and half a
pint of water; freeze it rich, then cut
fome preserved orange and lemon peel
with a little angelica in small pieces;
put them with the ice which must be
like butter before they are put in; pass
it through a sieve before you freeze it, or
put your sweetmeats in, then put a little
cochineal in, but you are not to mix
that much, only to be a little red here
and there, as if to run in veins in the ice,
but observe you do this before you put
it in the moulds.

No. 177.

No. 177. Bergamot Water Ice.

SQUEEZE three lemons into a bason, add two gills of syrup, half a pint of water and half a tea spoonful of essence of bergamot, pass it and freeze it rich before you put it into your moulds.

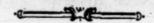
No. 178. Cedraty Water Ice.

TAKE four ounces of effence of cedraty, put it into a bason, squeeze in three lemons, and add two gills of syrup, and half a pint of water; then pass it through a sieve, freeze it rich, and if you would have it in the shape of the cedraty, after you have silled your mould, close it well and cover it with half a sheet of brown paper before you put it in the ice.

No. 179. Fresh Strawberry Water Ice.

TAKE half a pottle of strawberries, pick the stalks from them, pass them through a sieve, put in sive ounces of powdered sugar and one pint of water; pass it and freeze it rich, if it do not freeze rich put some syrup in.



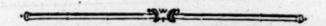


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## FRUITS PRESERVED

IN

#### BRANDY.



No. 180. Apricots, in Brandy.

GET the best apricots you can of the palest colour and clear from spots, but not too ripe; put them in a pan of water, cover them over with paper and put them over a very slow fire; let them simmer till you find they grow soft; then take out those that grow soft; put them in a large tablecloth four or sive double, and cover them up close; then have have some of the best French brandy, it must not be coloured but clear like water, and put ten ounces of powdered sugar to every quart of brandy; let the sugar melt, then put your apricots into a glass jar, fill it up with your brandy and cover it up very close with leather and bladder, now and then keep filling up your jar with brandy, for the apricots suck up a good deal, if you do not cover them close the apricots will lose their colour.

### No. 181. Peaches, in Brandy.

GET some of the finest peaches, free from all spot colour, what is called the white heart peach; they come in the last in season; scald them in a stew-pan of water, take them out when soft and put them in a large tablecloth four or sive double; put ten ounces of powdered sugar fugar to every quart of French brandy, white, let your fugar melt and stir it well; put your peaches into a glass jar, and pour your brandy over them; cover them very close with leather and bladder, and observe to keep your jar silled with brandy.

N. B. Mix your brandy and fugar before you feald your peaches.

No. 182. Morella Cherries, in Brandy.

GET some of the finest morella cherries you can; cut the stalks and leaves from them about half an inch long and put them into your glass jar; put ten ounces of powdered sugar to every quart of brandy; when the sugar is dissolved pour it over your cherries, cover it close with the leather and bladder, and keep filling it up.

No. 183. Mogul Plumbs, in Brandy.

TAKE some preserved, mogul plumbs and drain all the syrup from them, put them into your jar, put five ounces of sugar to every quart of brandy; when the sugar is melted pour it over your plumbs, and cover it close as before directed.

No. 184. Green Gages, in Brandy.

TAKE some preserved, green gages and use the same method as your last receipt directs.

No. 185. Green Orange Plumbs, in Brandy.

TAKE some peserved green orange plumbs and use the same method as before directed.

#### 144 THE COMPLETE

No. 186. Grapes, in Brandy.

TAKE some preserved grapes and wise the same method as before directed.



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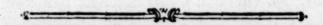
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#### PRESERVED

# SWEETMEATS,

WET.



No. 187. Green Apricots, Wet.

TAKE green apricots when they are the fize of a small walnut, put them in a bag with a great deal of salt, and shake them in it just for the salt to take off the silkiness of the skin; then take them out, put them into a large pan with water, place them over a slow fire just to scald them, and when you find they grow soft, then have a slat preserving

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pan with a very thin fyrup boiling in it, but before you put them in, drain the apricots well from the water through a fieve; when the fyrup boils put them in, but do not put too many in the pan at a time, only let the fyrup cover the apricots; but observe you do not crowd them in the pan; boil your fyrup about a quarter of an hour, then take them out, put them in a flat earthen pan and cover them with a sheet of paper, that no dust can get in; the next day boil them half an hour, and if you find they look well, drain the fyrup from them through a fieve; boil the fyrup twenty minutes, then put the apricots in again and just give them two or three boils; then put them in the flat pan and cover them close with paper, minding to keep them covered with fyrup as it boils; when your fyrup is of a fine thickness and the apricots look well, put them into

### CONFECTIONER. 14

into your pots and when cold put a little apple jelly over them to cover the tops.

No. 188. Apricots Ripe, Wet.

FIRST take a large knife, split the the apricots in half and with a small knife peel them fine, have a preferving pan on the fire with water boiling, put fome of the apricots in; when you find they grow foft have two basons of cold water on each hand and put the fofteft by themselves, as those that are broken will spoil the rest; have a preserving pan on the fire with thin fyrup boiling, drain all the water from them, and put the hardest ones in and let them boil ten minutes, then put them in a flat earthen pan, and cover them with paper; then have another preferving pan on the fire with fyrup boiling; put the foft ones in and just give them a boil or two, then

K 2

and cover them the next day; boil the hard ones five minutes, and put them in the same pan again, but drain the syrup from the soft ones; boil it and pour it on them when hot; do the same four or five days successively, and keep them covered with the syrup, then put them in pots, and pour a little apple jelly over the top, and be careful the pots are not in the least damp, for that will make them work and grow sour.

No. 189. Preserved Pine Apple Chips, Wet.

TAKE the top and stalk of the pine apple, chip off the ends of the outsides and the bottoms of them; cut the pine apples in slices about the thickness of the fifth part of an inch; take an earthen deep pan, and one pound of su-

gar; lay some sugar at the bottom of the pan, then a layer of the pieces of pine, but not one over the other; then put another layer of fugar pretty deep, then another of pine, then another of fugar pretty deep, and fo on till your pan is almost full; at the top put a good deal of sugar pretty deep; cover them up with paper and let them stand till you see the sugar is almost melted; let them and the fyrup boil half an hour, then put them in the same pan again, the next day give them another boil, and so continue eight days, then drain all the fyrup from them entirely; if the fyrup is too clodden, just dip the chips in a little water; then wipe them and lay them on your fieve to dry; mind the fieve is quite dry; as you put them into the stove, dust a little very fine powdered fugar through a cloth bag over them, put them in the stove and let them remain

K 3

nor be stickey; then put them in your drawers or box with clean white paper about them.

No. 190. Angelica, Wet.

CUT the stalks of the angelica about a foot long, put them in a pan of water and boil them till they are quite foft; then string the outsides of them, and put them into a tub of cold water, till they are all done; drain all the water off, lay them in a long earthen pan till it is three parts full, pour some boiling syrup over them and fill the pan with it, always keeping the angelica covered with fyrup, and let it stand till next day; there must be a hole in the fide of the pan towards the bottom that you may always drain the fyrup from the angelica without disturbing it; boil the fyrup, put it to the angelica for eight or nine days

fuccessively, and let it remain in the

No. 191. Barberries in Sprigs, Wet.

CUT the fides of the barberries open, take the stones out of them, tie fix bunches to a piece of wood about an inch long and about the fixth part of an inch wide, wind them on with red thread; put your barberries in bunches on a fieve, and have a preserving pan with fugar, and boil the fyrup half an hour; put the barberries in the fyrup, boil them and skim them with paper, give fix or feven boils, always get the fcum clean off; put them in a flat earthen pan and cover them with paper; those tied on a stick are called bunches, but what you would wish in sprigs must not be tied to a stick, you may put them in pots as other fweetmeats.

K 4 No. 192.

No. 192. Rasberries Whole, Wet.

TAKE some of the finest rasberries you can get, then with a large pin pick the largest and dryest; just cover the bottom of a fieve with them; put a preferving pan on the fire with fyrup in it, boil the fyrup ten minutes, then put the rafberries in, let them boil, and skim them as they boil with whitish brown paper; ten or twelve boils are sufficient, and of all things observe that the pots are quite dry before you put your rafberries in, for if they are the least damp it will spoil your fruit; the next day cover them with apple jelly and let them stand in the pots two days before you tie them up.

No. 193. Currants in Bunches
Whole, Wet.

TAK E some of the best currants you can get; stone them with a pin and cut them as little as you possibly can; take a fmall piece of flick, tie about fix bunches to this flick with thread, and lay them on a fieve; have your preferving pan on the fire with your fyrup in it, boil the fyrup about twenty minutes on a brisk fire; put your currants in bunches into the fyrup; only cover the bottom of the pan with them, nor put too many in; let them have five or fix boils, and take the fcum off, with paper; put them in your pots; when cold put some apple jelly over the top of them and mind your pots are very dry as before directed.

GET the cedraties at the Italian warehouse; make a hole through the middle of them at the thick end; put them in a large preferving pan with water and boil them one hour and a half, then drain all the water from them, fet them up end ways to drain the water out of the ends; boil some syrup in a large preserving pan twenty minutes, then put the cedraties into a large earthen deep pan, pour the fyrup over them and let them stand two days before you meddle with them, then boil them with fyrup half an hour; (do not let them be too foft) put them into the pan and cover them with paper; the next day drain the fyrup from them, boil and pour it on them again and repeat it so for ten days, always keeping them covered with fyrup; those done in quarters are done the the same way only cut long ways before you first boil them; when done put them into your pots, and when cold cover them with apple jelly; take care your pots are dry.

#### No. 195. Cherries Sweet, in Syrup.

LET your cherries be the best Kentish you can get, stone them, put them
into a tub with boiling hot syrup over
them, and cover them till the next day;
then boil and put them in the tub again,
the next day boil them softly twenty minutes and put them into the tub again,
continue this for eight days; then make
a thick syrup for them, put them into
it, then in an earthen pan or pot; put
some apple jelly over the tops and
brandy papers over them; if you want
to dry sweet cherries, put them into your
preserving pan, warm them and drain
them

#### 156 THE COMPLETE

them well from the fyrup through a fieve; put them into the hot stove and shift the fieve every day till they are dry; then put them into your boxes. Whole cherries are preserved the same way as those, only you leave the stones in and the stalks on them.

No. 196. Cherries not Sweet,
Wet, or Dry.

LET your cherries be the best Kentish you can get, and stone them in this manner; cut a quill as if you were going to make a tooth pick, only make the end of it round, take hold of the cherry, thrust the quill down close to the top of the cherry, holding the stalk at the same time that you pull, then the stone will come out without tearing the cherry to pieces, which otherwise it would do; when you have done so to all

the cherries, put them into a tub, and put a large quantity of powdered fugat over them, fo as to put layers of fugar, and layers of cherries till the tub is full; let them fland two or three days till you find all the fugar is melted, amongst the juice of the cherries; then let them have one or two boils, pour them into the tub again, and let them fland till the next day; repeat the fame four or five days fuccessively; the last time pour what you want to dry on a fieve, and when they are all well drained, have fieves enough to put them on, then put them on the bottom of a fieve only just to cover the bottom; let your stove be very hot; put them in, changing them every day, and turn the cherries, they will dry the better, then paper your box, and put them in; those you would wish wet, put them in pots as before directed. uov madw cob bluew No. 197. Cucumbers in Girkins, Wet.

LET your cucumbers be clear, and free from all spots, put them in falt and water, let them fland two or three days, then take them out and drain them well; put them in another pan of water, fcald them, put them in a tub, and let them fland all night; then drain the water from them, put them into a pan of water, and to every two quarts of water put half a pint of fyrup; put them in, and let them boil over a flow fire five minutes; put them in the tub again, and let them stand till the next day; then boil them again, drain that fyrup from them, and have a clean pan with the fyrup of a proper thickness; let it boil, put the cucumbers into it, and let them boil gently for a quarter of an hour; then put them into a flat brown pan, and cover them; let them fland two days, then drain the fyrup from them; boil the fyrup one minute, and pour it over them; the next day boil them and the fyrup together three or four minutes and repeat the same for five days; then put them in the pots or in a cream pan, and cover them up.

N. B. Always observe to let your preserved fruits stand two or three days before you put them up.

No. 198. Comport Golden Pippins, Wet.

LET your golden pippins be the largest and soundest you can get; pare them very fine and clean, bore a hole through them large enough to put your little singer through; put some very fine syrup rather thin in a preserving pan, peel some lemons very fine, and put the peel in the syrup, which must be thinner than any thin syrup in any for-

mer ingredients; put your apples in and let them fimmer over the fire very gently three quarters of an hour; then take them off and when cold they are done, then put them in your cofitter for table.

N. B. This is a quick way when you want a comport in a hurry.

No. 199. Comport French Pears, White, Wet.

LET your pears be large and found; cut them into quarters long ways; put them in a pan of water, and over the fire which must be slow; let them simmer three quarters of an hour very slowly; then put some lemon peel in a pan of thin syrup; drain all the water from them; when your syrup boils, put them in and give them sive or six boils; then put them in an earthen flat pan, and the next day boil them again, till you think

#### CONFECTIONES.

the fyrup is got well into them, then keep them in the brown pan for use.

No. 200. Comport French Pears, Red. Wet.

LET your pears be large and found; pare and cut them in quarters; prepare them as in the former receipt, only put fome cochineal in to colour them, while they are fimmering over the fire; put it in by degrees, till you fee it becomes a fine red.

No. 201. Damsons Whole, Wet.

GET fome of the largest and best damsons, and prick them with a pin at each end, boiling some syrup on a brisk fire, in your preferving pan for a quarter of an hour; then put your damsons in, and boil them twenty minutes; put

them in an earthen pan, cover them up with paper, and skim them as they boil quite clean; put them into your pan; the next day strain the syrup from them, and let it have a good boil; then put the damsons into the pots, and when cold put some apple jelly over them.

No. 202. Grapes in Bunches, Wet.

STONE your grapes with a large pin, have a large preferving pan with water in it, put half an ounce of falt in with the water when cold, and put a sheet of paper over them in the water; let them simmer over a slow sire about half an hour; let them stand till cold, put them into a brown pan or a little tub with some water till the next day, then draw all the water from them; have some thin syrup boiling on the sire, put the grapes into it, and when they are in,

let them boil five minutes; then take them off, put them into an earthen pan, and cover them with paper; the next day drain the fyrup from them, and boil the fyrup a quarter of an hour; then put the grapes in five minutes; repeat the fame next day, till the fyrup comes to a proper thickness, and the grapes look well, but be careful to have fyrup enough to cover them.

No. 203. Gooseberries in the Form of Hops, Wet.

GET the finest green gooseberries you can, cut them into quarters, and take the seeds out of them; take a needle and white thread, make a knot at the end, take hold of one of these gooseberries that you have cut, and push the needle through the end of the gooseberry that is split, take another and do the

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fame, and make it go part of it into the other gooseberry, and do so till you have got eight on; then you will find they will be in the form of a green hop; when you have finished your hop, fasten the ends of the thread; put them into a pan of water, scald them, and put them into a tub with their own liquor, that you have scalded them in; let them lie in the tub, three or four days, till they begin to grow four and ferment; then put them into some fresh water over the fire till they become hot, but not to boil, observe to put a little sugar into the water, and they will green; drain all that away from the hops and lay the hops regularly in an earthen pan; boil fome thin fyrup and put over them; give them a boil once a day, till you think they are done, and keep them in an earthen pan, till you want to dry them.

No. 204. Green Goofeberries, Wet.

LET your gooseberries be the largest and finest you can get, put them over the fire to feald, but do not let them boil, put them into a tub and let them stand three days; then drain all the liquor from them, put them into another pan with water, and a little fyrup with the water; let them be over the fire till they are warm, but not to boil only just to come green; the next day strain all the liquor from them, put the gooseberries, into an earthen pan, and pour some thin fyrup over them boiling hot; repeat it once a day for fix days; make the fyrup come thicker by degrees, and then put them into the pots.

No. 205. Lemons Whole, Wet.

GET some large clear lemons that have no fpots, carve the outfide of them with a knife as you like; fcoop a hole at the stalk of them, that you may put your little finger in, that the fyrup may penetrate the infide; have a large preferving pan with water, put the lemons into the water, cover them with paper, and let them boil gently, till you find them grow tender; then have some thin fyrup, boiling on the fire, drain all the water from the lemons quite dry; put the lemons into a small tub, pour the fyrup over them, and cover them with paper; let them stand till the next day, then drain the fyrup from the lemons, and boil it a quarter of an hour; then put the lemons into the tub again, pour the fyrup over them, and let them stand till the next day; then boil the lemons

and fyrup together for twenty minutes; put them into the tub again, keep the lemons covered with fyrup, and if you find it shrink, put more syrup to it the next day; repeat the fame boiling, and when you find the fyrup has penetrated the lemons, and they are clear, take a clean large preferving pan with more fyrup, and boil it till it is pretty thick; drain the old fyrup from the lemons, put them into the tub, pour the other fyrup that is boiling over them, and let them stand three or four days before you look at them, then if you find they have not fucked in the fyrup enough, you may drain the fyrup from them, and give them another boil for a quarter of an hour; pour it boiling over them, and always keep them in a flat earthen pan.

No. 206. Seville Oranges Whole, Wet.

TAKE fome of the largest Seville oranges you can get, and very clear from all spots; carve the outsides of them in flowers or according to your own fancy; bore a hole at the stalk end of them, about the fize of half your little finger; put them into cold water, for where you have carved them the rind will turn black; let them be in cold water about four or five hours; then put them on the fire in a large copper pan, and boil them flowly about four hours: then take them out of the water and turn them with the end that has the hole undermost upon a fieve, that all the water may drain out of them; let some thin syrup boil a quarter of an hour in another pan, put the oranges in and boil them ten minutes; then put them in a small tub, pour the syrup over them them and cover them with paper; the next day boil the oranges and fyrup together a quarter of an hour on a brifk fire; put them into the tub again, and let them stand till next day; then drain the fyrup from them and boil it twenty minutes, observing to keep them well covered in the fyrup; continually boiling your fyrup, and puting it over the oranges for fix or eight days till you find they are tender, and have taken the fyrup; let them stand five or six days in the fyrup, give the fyrup five or fix boils again, and pour it over the oranges into a large flat earthen pan, in which keep them for use.

No. 207. Orange Peels, Wet.

GET some of the finest Seville orange peels clean from spots; put them into a copper pan, if you have a great num-

ber to do, and boil them two hours: scrape the infide of them clean, that none of the pith remains; place the peels one in another round a small tub, till the tub is almost full; pour a great deal of fyrup over them till they are covered; let them stand two or three days before you touch them; make a hole at the bottom of the tub, drain the fyrup from the peels, boil and pour it over them; let them stand for two days, then boil your fyrup again, and let them stand for four or five days running; then drain all the fyrup from them, and pour it when boiling on them again; let them remain in the tub till you are going to candy them, then take them out, and wash them when you want them.

N. B. Observe to keep them well covered with the syrup.

No. 208. Orange Chips, Wet.

TAKE some Seville orange peels, cut a bung or piece of cork round, fo that it will go into the orange; with a fharp pen-knife pare them round, which we call turning, and cut your chips about the third part of an inch long; and partly the same thickness; put them into a pan of water, and boil them gently over the fire one hour and a half; have another pan with fyrup boiling; drain all the water from the chips, put them into the fyrup and boil them for a quarter of an hour; then put them into a large earthen pan, or a small tub, cover them, and let them fland till next day; then boil them again with the fyrup a quarter of an hour; put them into the tub again, repeat this for four or five times; then put them into a large pan, not into pots, cover them

well.

#### 172 THE COMPLETE

well with a fyrup, and keep them for use.

## No. 209. Lemon Chips, Wet.

TAKE some sine lemon peels, pare off all the rind with a knise, cut it all into pieces if you can about a quarter of an inch wide; put them into a cabbage net, and into a preserving pan with water; boil them quite tender, then have another pan with syrup boiling, and when the chips are boiled enough in the water, take them out of the net and put them into the boiling syrup.

N. B. Let them be well drained before you put them into the fyrup, and let
them boil a quarter of an hour; then
put them into a large earthen pan and
let them stand till next day; then drain
the fyrup from them and boil it ten
minutes, and pour it over them; cover

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them

them till the next day, then boil the chips and fyrup together twenty minutes, and put them into the tub again; keep them covered with the fyrup, and when you think it is well foaked in them, boil them all together; put them into your tub, cover them well with fyrup and keep them in the tub till you want to candy.

### No. 210. Lemon Peels, Wet.

TAKE the largest and clearest lemon peels you can get; and throw into a large preserving pan with water; let them boil till you find them quite soft and tender, then take them one at a time out of the water, and with a table spoon take all the pith out of the inside clean from them; throw them into a tub of cold water as you do them; let them stand in the water-four or sive days

### No. 211. Pears, Wet.

GET some baking pears that are of a very hard nature, put the pears in a large preserving pan with water; let them simmer over the fire till you find them rather soft; take them out of the boiling

boiling water with a skimmer, and put them into a bason with cold water; pare them in this manner, first cut off the end of the pear, then hold the stalk end in your hand, and bring your knife down the skin straight, so as to make the skin come off in five pieces all round the pear; throw them into another bafon with cold water; have the preferving pan with the fyrup in it, let the fyrup boil ten minutes; then put the pears in: but first drain the water well from them, let them boil in the fyrup again about ten minutes, skim it with paper, boil them in the same manner fix days, draining the fyrup off the paper every time till the fyrup is of a fine thickness; let them remain in this fyrup till you? want to candy them.

No. 212. Green Orange Plumbs, Wet.

LET your plumbs be the foundest and best you can get, prick them with a fork and put them into cold water; have a very thin fyrup, so thin as to be hardly fweet; fcald them in it and let them have but one gentle boil; put them in an earthen pan, let them fland till the next day, then drain all the fyrup from them, boil and pour it over them; repeat the same eight or nine days successively, then let them have a gentle boil and put them into your pots, observe that your pots are not the least damp; put some apple jelly over them when cold; let it be three days before you tie them up, and keep them and all other fweetmeats in a dry place.

No. 213. Mogul Plumbs, Wet.

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TAKE the largest mogul plumbs you can get with clear fkins, prick them with a fork about ten or a dozen times. mostly about the stalk; throw them into cold water, otherwise they will turn black where you have pricked them, put them over the fire just to scald them, have a pan half full of boiling fyrup, drain all the plumbs from the water through a fieve and put them into the fyrup, do not put too many in, only just to cover the bottom of the pan; boil the plumbs and the fyrup ten minutes, then put them into a flat earthen pan and cover them with paper; the next day drain the fyrup from them through a fieve, let the fyrup boil, put the plumbs in it and let them boil together; put them into the same pan and repeat the same five or fix days; it is best to

## 178 THE COMPLETE

keep these plumbs in a flat earthen pan till you want to dry any of them.

No. 214. Pine Apples, Whole, Wet.

TAKE the pine apple, chip off all the small pieces of leaves from the bottom of every pine, take the top and stalk, and have a preserving pan on the fire with water, and to every two quarts of water put half a pint of fyrup to it, fo as to make it very fine thin fyrup, and only just sweet; be sure that it boils before you put the pines in and let them fimmer an hour over the fire; the next day let them boil gently another hour; take them off and cover them carefully, the next day let them boil gently about half an hour; put more fyrup as thick as you use to other fruits, the next day drain this fyrup off and boil it, repeating the same seven or eight days; then put them

them into an earthen pan, and cover them up very carefully from any dust and be very careful that your pans are very dry.

No. 215. A Small Yellow Plumb, Wet.

LET your plumbs be clear from spots, run a fork in once at each end and no more, you must not have the plumbs too ripe, put them in water as you prick them; boil a pan of syrup ten minutes; drain all the water from the plumbs and put them in the syrup; boil and skim them, repeat the same four or five days; then put them carefully into pots, mind you do not break them for they are very tender, and take care your pots are very dry; let them stand two days before you put them by; cut small pieces of writing paper, dip them in brandy and put it over your fruit in

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every pot, this should be done to all fruits, it must be put close that no air can get in, then another paper over that; tie them up.

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No. 216. Strawberries, Whole, Wet.

OBSERVE to get the strawberries for this purpose in very fine dry weather, viz. that if it has not rained for three or four days, pick the largest and finest you can get; put some syrup into a preserving pan, boil it over a brisk fire for half an hour and put your strawberries in while it boils, do not put many into the pan, only one strawberry deep; let them boil twenty minutes and take off all the scum with paper very carefully; if you find they are like to break take them off immediately and put them into your pots, when cold put apple jelly

jelly over, and be very careful that your pots are not the least damp.

No. 217. Apricot Chips, Wet.

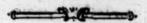
TAKE the chips that you cut off the apricots, and some powdered sugar; take a brown pan, lay a layer of chips and then a layer of sugar over them, and so on till your pan is full; let them stand till the sugar is all melted, boil them and put them into the pan again; boil them the next day, and so repeat the boiling them ten or eleven days successively; then have a proper syrup and put them in a brown pan till you want to dry them.

No. 218. Green Gages, Wet.

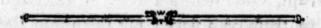
LET your green gages be very found, prick them with a fork fix or M 3 feven

#### 182 THE COMPLETE

feven times or more about the stalks ; put them into cold water, or elfe they will turn black; fcald them, and have another preferving pan with boiling fyrup; drain the water from the gages and put them into a deep earthen pan; place them regularly and pour your boiling fyrup over them; let them fland till next day, then drain all the fyrup from them; boil it again, and put it over them; repeat fo for feven or eight days, then take another flat earthen pan, drain the fyrup from them, place your gages in this pan; boil some fresh fyrup for half an hour and pour it over them, coyer them up till you want them; you may put some into pots if you like.



## DRIED FRUITS.



No. 219. Damfons, Dried.

TAKE damfons that you have preferved, drain all the fyrup from them, cover the bottoms of the fieves and put them in your stoves which must be hot, change the fieves every day till they are dry, and as you change the fieves turn your damfons, and when they are not sticky nor likely to give, take them out and paper a box and put them in, and lay a paper between every layer of damsons.

No. 220. Mogul Plumbs, Dried.

TAKE mogul plumbs that you have preferved, drain all the syrup from them, wash them in a bason of water and lay them on a sieve; put them into the stove which must be pretty hot, turn them next day on another sieve, and let them stand in the stove two or three days; then put them in your box papered, and lay a sheet of paper between every layer of plumbs.

No. 221. Green Orange Plumbs, Dried.

TAKE green orange plumbs that you have preserved, drain all the syrup from them, wash them in a bason of water, put them on sieves and into the stove; change the sieves and turn them every day on clean sieves; put them in

## CONFECTIONER. 185

your box, and use the same care and method as before directed.

## No. 222. Green Gages, Dried

TAKE preserved green gages, put them over the fire to warm, drain all the syrup from them, put them on the sieves and into the stove; change them every day and turn them, else they will stick; let them be in three days, and then put them in the boxes as before directed.

## No. 223. Pears Candied, or Dried.

TAKE the pears out of the fyrup, and put them on wires or a large fieve, drain all the fyrup from them, wash them in warm water to get the fyrup off them, drain them quite dry; then have a pan of fyrup on the fire a boiling, and

let it boil till it comes to blow, take the pan off the fire, and take a spoon and rub it on the fides of the pan till you see it turn white; then put your pears in and take them out, put them on a wire, and let them stand till cold, then put them in your box.

No. 224. Cherries, Sweet, Dried.

TAKE your cherries and fyrup, warm them over the fire, drain all the fyrup from them, put them on the back of the fieves just to cover the bottoms; put them into the stove the next day, change the fieve, put them in the stove again and let them stand three or four days in the stove; let them be well dried before you put them in your boxes, for if they are not they will grow four and be full of maggots; paper them as before directed.

No. 225. Cherries, not Sweet, Dried.

TAKE the cherries that you preferved not sweet, warm them, put them on your sieves and let all the juice run from them; then while hot put them on the sieves, change them every day and let them be in the stove four or sive days, afterwards move them about in the sieves till they are thoroughly dry, then paper your boxes as before directed.

No. 226. Apricot Chips, Dried.

TAKE your apricot chips, put them over the fire to be warm and drain all the fyrup from them; then make the chips the fize you please, put them on the fieve as you make them, dust some sugar over them through a bag, and put them in the stove; let them be there two days, changing the sieves once or

they will stick; when dry, paper and put them into your boxes.

No. 227. Orange or Lemon Chips, Candied or Dried.

TAKE your preserved orange or lemon chips, wash them from the syrup with warm water, and the syrup you drain from them boil till it comes to blow; put the chips in and rub the sugar at the sides with the spoon all round till you see the syrup all candy; then take the chips out with two sorks, and put them on a wire for the sugar to drain off; let them stand till cold, and then put them in your boxes as before.

No. 228. Angelica Knots, Dried.

TAKE stalks of preserved angelica, take them out of your pan, wash all the

fyrup from them with warm water, cut them in flips about a quarter of an inch long, and the length of the angelica when first preserved; double them into whatever form you like, and if you can, tie them up in the form of a true lover's knot; put them on sieves and into the stove, let them stand till they are quite dry and ready to be candied.

No. 229. Barberries in Bunches, Dried.

TAKE some preserved barberry bunches, put them over the fire to warm, then on a sieve, let all the syrup drain well from them, then have your sieves ready and put them on; dust some powdered sugar over them through a bag; put them in the stove and let them remain there till they are quite dry, changing your sieves and turning the bunches; they must stand in the stove

#### 190 THE COMPLETE

four days; paper your box and put

N. B. The above method, does for currants.

No. 230. Lemon Peels, Candied or Dried.

TAKE some preserved lemon peels, wash them in warm water and put them on a sieve to drain; boil some syrup on the fire till it comes to blow, and put your peels in; as soon as they are covered with sugar take them out again, put them on wires for all the sugar to drop through; then let them stand till cold and put them in your boxes.

N. B. Do orange peel in the same manner.

No. 231. Cucumbers, Dried.

TAKE some preserved cucumbers, wash all the syrup from them, put them on your sieves to drain, then into your stove to dry, one day is enough for them to dry; afterwards put them in your boxes as before directed.

No. 232. Green Apricots, Dried.

TAKE some preserved green apricots, wash them in a little warm water, put them on your sieves into a hot stove, changing your sieves every day; let them remain two or three days in the stove until they are well dried, then put them into your boxes papered, and cover them as before directed. No. 233. Apricots full Grown, Dried.

TAKE your apricots full grown that you have preferved whole, or those in halves; wash them in warm water, put them on sieves regularly, not to let them touch one another; put them into a hot stove for two or three days, changing the sieves every day; when dry put them into your boxes.

No. 234. Grapes in Bunches, Dried.

TAKE some preserved grapes, wash them with warm water, put them on your sieves, and into a hot stove, keep turning of them every day, changing your sieves; when well dried put them into your boxes.

No. 235. Pine Apple Chips, Dried.

TAKE your flices of pine apples that you have in fyrup, and wash them in warm water, then put them on your fieves in fuch a manner that they do not touch each other, then take fome fine powdered fugar, put it into a fine linen bag and just shake it over them; keep turning of them every day for three or four days in a hot stove; when dry put them into your papered box with writing paper between every layer.

No. 236. Cedraties, Whole, or in Quarters, Dried.

TAKE your preserved cedraties either whole or in quarters, wash them in a little warm water; boil some syrup in another pan till it comes to a blow; take N

a large spoon and rub it well to the sides of the pan till it comes white; dip your cedraties in, take them out and put them on your wires over another pan; let them drain well, then put them into a hot stove on the wires for one day, till the candy dries all round them; when well dried put them into your boxes as before directed.

No. 237. Pafte Knots, Red or White.

PARE some large apples, and cut them into a preserving pan, with just water enough to come up to the top of the apples; let them boil till they come to marmalade, then pass it through a sieve into a flat brown pan; take some cochineal and mix it with the apples to make them a fine colour; have another preserving pan with as much syrup in it

as you have got apples, and boil the fyrup until it comes to blow; take the fyrup off the fire and mix the apples with it in the pan; have sheets or plates made of pewter, about a foot and a half long and about ten inches wide, with edges turned about the eighth part of an inch to prevent the paste from falling or running off; cover your plates with your paste and put it into your stove, which must be hot; let them remain till next day, then take another pewter sheet and with a knife cut the paste round the edges, and aerofs the plates fcores about a quarter of an inch wide; then pull it off, and if it comes off easy it is dried enough; when you have got it off in long strings, try to make them into knots according to your fancy; put them on the other plate, then into the stove, and let them stand in the stove two days; N 2 then

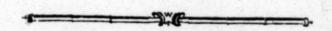
## 196 THE COMPLETE

then take them out; when they are cold put them into papered boxes, and let them remain there until you want to candy them.



need agas . INDEX.

## INDEX.



#### A

ALMONDS,	the way	to
blanch		Page 32
	burnt, red	67
	burnt, wh	ite 68
Almond pafte		71
fagots		40
cake, a fma	ll fine	45
P	3	
BISCUITS, fi	ne Savoy	1
	ne spunge	3
or	range heart	4
N	2	Riferrite

Biscuits,	Naples 7	teg	eri d	Pag	ge 5
6.	fyringe	ototi	to will	vit	7
	robe de c	haml	bre	144 -	9
48	common			Di tir t	10
	fweatmeat			-	11
	monkey				12
	fpice	-	-		13
2,4	toad in a	hole	·	44 8	14
7.7	millefruit				15
10	mafapan				16
	judges	-18			18
	Yarmout	h	y/ <b>≥</b> 1	_	21
2.5	king's				22
	chocolate			•	22
	Italian wa	ater			23
	lemon	-			31
	ratafie				35
	orange	-		•	36
	filbert				37
	pistachio	nuts			38
	orange fl				39
	fresh apri	4			42.
				Bifc	uits,

Drops,

INDEX.

herries, not fixed. Page 18, 100 to the fixed that	i, duan	f
DROPS, bergamot	Page	54
black current		55
- chocolate -		56
- damfon -	•	57
Seville orange	•	58
lemon -	3 7	58
orange -		59
peppermint *	•	60
violet	1	61
barley fugar	-	61

## DRIED FRUITS.

DRIED damsons -		
RIED damions -		183
Dried, mogul plumbs -		184
green orange plumbs		184
green gages -	•	185
pears, or candied	-	185
- cherries, fweet -		186
2700/		Dried,

#### INDEX. 201 Dried, cherries, not sweet Page 187 - apricot chips 187 orange or lemon chips 188 ---- angelica knots 188 —— barberries in bunches 189 ---- lemon peels, or candied 190 - cucumbers 191 - green apricots 191 apricots full grown 192 grapes in bunches 192 --- pine apple chips 193 --- cedraties, whole, or in quarters 193 paste knots, red or white 194 E ESSENCE, cedraty 102 --- lemon 103 -- orange 103

FAGOTS,

Page 88

", "a" ,	
98 · <b>F</b> ORID	(1) (X 15 (J) 1-1-4
FAGOTS, fine almon	d Page 40
Floating island -	- 99
Filberts, burnt, white	- 4 69
SII	כם ברבשות ושנ
277	) - LL
NIA JIMA	35
<b>▼</b> 11 1000	
JUMBLES, Seville of	range 66
Jelly, currant, red and wh	ite 77
rafberry, for ices	- 77
apple	- 78
hartshorn -	- 79
- calves foot -	- 80
- black currant -	- 82
goofberry -	83
Jam, rasberry	- 84
apricot -	- 85
	- 86
ftrawberry -	- 87
OST Darberry	
Icc,	Jelly,

INN DUENX.	203
Jam, peach I	Page 88
- black plumb	89
	FAGG
하다 이 사람들이 많아야 한 사람들이 가지 않는 데 이렇게 되었다. 그 사람들이 되었다면 하는데	Floating
ICEING, for a rich cake	OOTerts,
Ice cream, barberry	112
- rafberry -	113
- ftrawberry -	114
apricot	114
pine apple -	M HIS
- currant	115 . TIS
pistachio -	116
biscuit -	11/
plain - mailtr	117
brown bread -	118
royal royal	118
ginger - William	9 119
- fresh strawberry	oft at
fresh rasberry	120
fresh apricot	120
- coffee -	120
7117	Ice

## 204 I N D E X.

Ice cream, chocolate	.Page	121
- Seville orange	•	122
lemon -	-	122
china orange	10 h	122
burnt filbert	-	123
- burnt -	-	123
- millefruit	-1 78	124
fresh currant	2 - HOT	124
- cedraty -	•	125
- burnt almonds	•	125
- Parmasan chees	ė	125
- damfon -		126
prunello -	-	126
peach -	-	127
- black current	-	127
- cherry -	-	127

## L

LEMONADE		104
Orangeade -	•	104

MAC-

WAN

Page var

Lee cream, chocolate

## M

# MACCAROONS, French Page 33 English 34

Merings, in the form of eggs

Millefruit, rock candy

- 92

#### N

## NUTS, fine sweatmeat ginger-

#### 0

URGEAT,	•	-	III
	fyrup_	•	73
	paste	•	72
	- 80	8 K 0	MIL

7-A 14

201

204

PRAW-

heagan ()

Preserved	mogul	plumbs		randy
		1:		
Page f.	green g	ages ditt	VIA	ST43
	green o	range plu	imbs do	. 143
d barroid	grapes	ditto		144
outs	mility			-
To PR	ESEI	RVES	WEE	T-
-In 1	MEAT	'S, W1	ET.	
6.4		bn	bert	
To pre	ferve gre	en aprice	ots, wet	145
To prefer	ve apric	ots ripe,	ditto	147
· r		The state of the s		11
		ica, ditto		150
	The state of the s			
		erries in f	The state of the s	Annual Company of the
87 1.11	04 114	rries who	SE 24 74	01
	- curra	nts in	bunches	,
w	hole, dit	to -	•	153
	- cedra	ties, who	ole, ditto	
	A STATE OF THE STA	ies, fweet	The same and the same	diameter and the second
	- Cherr	ies, not	Iweet,	
W	et or dry	na and o	m .	156
Prefett or				To

## 208 I N D E X.

To preserve cucumbers and girkins	wet
Page	
comport golden pip-	
pins, ditto	159
- comport French pears,	
white, ditto	163
comport French pears,	
red, ditto	161
- damfons whole, ditto	161
grapes in bunches, do.	
goofberries in the	
form of hops, ditto -	163
green goofberries, do.	165
lemons whole, wet	166
Seville orange, ditto	168
하는 그리고 있다. 이 사람들이 없다고 하게 되고 있었다면 하는 것이 없네. 이 등록 느낌 것 같아. 이 사고 되어 있다.	
orange peels, ditto	169
orange chips, ditto	171
lemon chips, ditto	172
- lemon peels, ditto	173
pears, ditto -	174
green orange plumbs,	
ditto	176
	To

O

209

TUR-

# e de Lagret de la Company de l

TURTULONG	S, fine	, for bre	ak-
fast -		Page	29
Trifle, a whip for	3.0 <b>-</b> 203.		98

WAFERS, lemon		
VV AFERS, lemon	•	50
barberry	-	51
		52
bergamot		52
violet	-	53
peppermint		54
Water, currant, made of jel	ly	105
Water, fresh currant	•	105
cedraty -	-	106
rafberry, of jam	•	106
fresh rasberry		107
- bergamot -		107
A TOTAL OF THE LIGHT OF		Water

Water, api	ricot	olavo.	Page	2 108
- Ara		of iam	- 8	108
fre			3	109
— bar		,		
			11411	109
pea	ach	•		110
pea	ar -	E ENTE		110
che	erry	-	-	III
Water ice,	barberry		-	128
	rafberry	•		129
440.0	strawberr	у		129
-	apricot		-	130
	pine app	le	-	130
	chocolate	e	-	131
Seville ora	range	•	131	
	china or	ange	•	131
	lemon			132
	punch		A	132
	peach		•	133
	currant		44.4	133
	fresh cur	rant	•	133
	fresh rass	perry	-	134
	damfon			134
				Water

## 212 I N D E X.

Water ice,	prunello	•	Page	134
-	black curr	rant		135
	grape	•		135
	cherry	•	•	136
	pear	. 100	o de	136
	millefruit	-		137
	bergamot			138
	cedraty			138
	fresh straw	berry		139
Whip fylls	abub, ever	lafting,	to put	
in	glasses			98

THE END.



